K. Ephemerides 756. d 3

Speculum Anni Redivivum:

OR, AN

ALMANACK

For the Year of our LORD 1753.

Being the First after Biſſextile, or Leap-Year.

Wherein you will find all Things uſeful, needful, and entertaining; as, the Sun and Moon's Riſing and Setting, the Moon's Southing, Planets Places, their Aſpects, and Eclipſes; Quarterly Ingreſſes, Judgment thereon, and on the Weather; with ſome ſhort Obſervations on Intemperance: Together with ſome conciſe Forms of a Regimen, and monthly Verſes as uſual.

By HENRY SEASON, Licenſed Phyſician, and Student in the Aſtreal Sciences.

He hath given me the Knowledge of the Things that are; the Changes of the Seaſons, the Courſe of the Year, the Situation of the Stars, the Diverſities of Plants, the Vertue of Roots. Wiſd. vii. 15, 16.
Gloriam tibi tribuo Pater Domine Cœli et Terra quod hec occultaveris a ſapientibus et intelligentibus; et ea retexeris infauribus.

My new form'd BOOK, *travel, and try thy Fate,*
Tidings from diſtant Worlds to this relate:
What Tour each Planet takes this Glaſs will ſhow,
And what from thence we may expect below;
Which to perform. I've us'd much ſtud'ous Care,
And ſome Remarks from Helicon *is here:*
But if you don't approve as well as buy,
For Friends more learned let theſe Pages lye.

The Author's EIGHTEENTH IMPRESSION.

LONDON:

Printed by T. PARKER, for the Company of STATIONERS.

TO THE

READER.

Honour'd Friends, and Honeſt Readers,

I Have once more, by divine Permiſſion, made you a Preſent with my annual Calculations, and Conceptions; and, I hope, I have adapted it to your Liking, as agreeable as it was laſt Year, which, to my Satisfaction and Content, I found was receiv'd and approv'd of, by a great Number of honourable, and former Friends; (beſides it gained me ſome new ones:) Moreover, I found my Crop of Criticks, *alias* Cavilers, much diminiſhed; ſome few I had left, like ſome Inſects, who always delight to find a Place unſound, or unſalted; ſo theſe, on finding any Error of the Preſs, ſoon began to ſpew out their uſual Scommas; theſe, of this Tribe, will ſcarce ever be baulk'd in their Expectations, I have no Hope ever to have my Copy without Faults of the Preſs, and yet, in mine, as few as in any other Almanack whatever: What the Errors were in my laſt, you'll find inſerted in the laſt Page of theſe Sheets. I have this Year exhibited to you a few more Remarks on the extream Folly, as well as Viciouſneſs of Intemperance, together with ſome conciſe Rules to be obſerv'd in Eating and Drinking; tho' there are ſeveral other neceſſary Points that relate to the above Subject, omitted for want of Room; which, if I write for next Year, it ſhall be ſupply'd with; and alſo with what Kind of Food is to be made Choice of for the infirm and diſeaſed, according to their Diſeaſe, and Temperature of Body, as far as it has been confirmed both by Reaſon and judicial Experience; I being well aſſured that a Diet fitly adapted, is the greateſt Part of the Cure in all Chronical Diſeaſes, and of vaſt Uſe in acute ones; beſides, although the Method of preſcrib-

ing

ing one is ſadly neglected by a great Number of our modern Practitioners; the ſame might be ſaid of the Diſuſe of Herbs. Readers, I never was ſo circumvented in the Anſwer to my Enigma before, amongſt all my Readers I know but of two that gave a right Solution to it, the one a reverend Friend of mine, in Verſe; and his Brother, a Perſon of Diſtinction, by a verbal Anſwer: I had near ſixty Anſwers in all, but all miſtook the right Anſwer, five Parts in ſix took it for Barley, ſome for an Ague, ſome Conſcience, ſome Money, and one for a Louſe.

Here followeth the pithy Anſwer of my reverend Fr——d.

Four different Metals different Planets ſway,
Mars, *Venus*, *Luna*, and the God of Day;
Gold, Silver, Copper, Iron's binding Ruſt,
Of theſe th' Enigma ſolves the laſt and worſt.

I obſerving the unanimous Opinion of ſuch a Number that pretended to ſolve my Enigma, who all gave it in for Barley, may not I thence conclude the Cauſe to be from their Blood, and thence their Spirits ſo much compounded of the Quinteſſence of Malt, which had ſo ſoftened the Filaments of their Brains, that their thinking Organs were byaſt from all Ideas, unleſs from the Thing that cauſed it, and prevented their judging right, or its Origin Barley, as is amplify'd by the following Poetry.

What, no right Anſwer, Friends? It me ſurprize!
I fear the Barley-ears have hurt your Eyes:
But I rather gueſs the Cauſe is not obſtruſe,
You'ave drench'd your Heads with too much Barley-Juice.
Whet your Wits again, and further try on,
The Riddle's hard, I own, as hard as Iron:
Methinks I hear one cries I han't a Head,
True Iron is not eaſy took from Lead.

The Author's Fifth Enigma.

HAVE you ne'er read of noble *Anſon*'s Deeds?
Whoſe glorious Fame, far as his Voyage, ſpreads!

To the READER.

Or han't you ſeen, or were you never told,
What Loads he landed here of *Spaniſh* Gold?
He brought, beſides, uncommon Rarities,
Which, to relate, it wou'd the moſt ſurprize;
Such wond'rous Things he hither brought, I wot,
Monſtrous as thoſe of which old *Pareus* * wrote!
He ſet a Crew of Negroes on the Shore,
I think their Number were above a Score;
Each ſeemed like the Antic Works of Nature,
Odd in their Forms, each a diff'rent Creature;
Some Bellied, like fat Landlords, did appear,
And ſome like Lords, † King *Richard* firſt did rear:
Others had Heads like to the *Saracen*,
In Body one ſo thin, you ſcarce could ken;
One to his Brother joined was compleat,
Juſt in the Middle, ſome had cloven Feet:
In theſe prepoſt'rous Shapes they long have been,
Should any aſk from whence their Origin?
No human Skill exact their Birth can trace,
Or date their Age, or tell their native Place:
They often through the Air are known to fly,
And ſometimes mount the Clouds almoſt as high,
Then rove like Gipſies, and unfold ſtrange Fate,
And vaſt Confuſion in ſome Heads create:
And tho' they all in hideous Forms appear,
Yet their Aſſiſtance is to Kings held dear;
They ſome ſupport that do their Names explain,
But Thouſands live that ne'er that Knowledge gain;
I more cou'd tell, but by Garrulity,
I fear myſelf explain the Myſtery.

A ſhort Paraphraſe on Mr. Spencer's *poetic Allegory, in my laſt*, 1752.

Readers,

I Not having been ſo fortunate as to be befriended with any Explanation to the above Mr. *Spencer*'s inimitable Stanza, which was printed in my laſt *Speculum*; ſeeing, I ſay, that no one has anſwered my Requeſt, or imparted his Conceptions about it, rather than incur the Cenſure of ſome

* *The great* French *Surgeon.*

† *Men that were round-ſhoulder'd.*

Critic

Critic or other, how that I have offered to the Public Thing that are quite unmeaning, or a Theme unexplicable; I chooſe to run the Riſque of their Cenſure on the following Commentary of my own, on the Author's Intention in his Poetry, as above meant: Though I muſt candidly own my Capacity infinitely too low to reach the Excellency of that ample Myſtery, included in that eight Lines of his admirable Verſe. Here followeth ſome conciſe Epitome of the principle Truths contained in that profound Poetry, as far as Conjectures may aſcertain it, not impelling any one's implicit Faith thereto.

In the Canto of the aforeſaid Author is comprehended a Deſcription of Man's Body, informed with the immaterial Soul, being joined to make up the compleat Man, or perfect Compound: The Soul he deciphers to be the Circular, which was the firſt in Form of the greateſt Extent, and the moſt compleat of any Figure; form'd by the Continuation of one Line equally bended; a juſt Emblem of God, whoſe Center is every where, but his Circumference is no where. But Man's Soul is a Circle that is limited by its rightful Center, which is God.

The Body, which was made to be the Inſtrument for the Soul, he has term'd for that Part which is Triangular; for as a Circle is to be accounted the moſt exact and extenſive in the Works of the Creation, ſo the Triangular is allow'd to be the imperfect and meaneſt of any Forms; for leſs than three Lines do not contain or encloſe any ſuperficial Matter: Or, the triangular Figure may well enough allude to the compounded Elements in Man's Body, *viz.* Salt, Sulphur, and Mercury. As to the next Line, whoever takes a ſtrict Survey but of the Out-Works of Man's Body, and conſiders with what beautiful Proportion and Symmetry this excellent Fabrick is formed, he muſt ſoon be loſt in Admiration: But he that more preciſely meditates on the Connexion of its Parts, and their Subſervances one to another, and then of the great Union of two Things quite oppoſite in their Natures, and by what Mediums one can operate on the other; theſe Myſteries wou'd make the moſt learned Atheiſt whatever, cry out, O Work Divine! As to the next Line, the firſt and laſt being in Proportion, I humbly conceive the all-wiſe Compounder of the ſpiritual Part, with the material, has ſo exactly adapted and proportion'd one to the other, that as one is to actuate, inform, retard, and direct the one; ſo the other is organiz'd fitly to perform its ſeveral Func-

tions, from the Energy it receives of the other——unleſs reſtrain'd by any foreign Impediment: And tho' I believe all Souls to be incorporeal, yet are different in their inherent Qualities; and, according to their Variation, they have Bodies adapted and proportion'd for them. Man's Body he has ſtiled *imperfect Feminine*, the Soul is juſt the Reverſe; and that very fitly the Body can do nothing itſelf, and corrupts and loſes its Form, which the Soul does not. In natural Generation, the Body, as Feminine, affords but a Lodging, as a paſſive Matter, 'tis the Male that giveth the Form; the vital Heat, and the prolific Vertue, which he has term'd the Maſculine, to denote the Soul's Line. The next imports, *viz.* a Quardel was the Baſe; this ſhews how that Man's Body, as a Building, is made up and compounded of four Humours, Blood, Choler, Phlegm, and Melancholy; and as long as neither is deprav'd, or exceeds its Bounds, ſo long the Body holds firm and in good Repair. The Proportion, or Rule, by ſeven and nine, may be conceiv'd, firſt, of the Influence the ſuperior Subſtances have over the Inferiors; or, the Power the ſeven Planets may be ſaid to have over the Qualities in our Bodies. The nine ſpoken of, may mean the nine ſeveral Hierarchies; which ſome think that Mr. *Spencer* concluded are the Intelligences that move the Orbs of Heaven, and, likewiſe, are the Meſſengers that convey down the Soul into the Body: But this requires a much more larger Expoſition, but I am forced to quit it, and too ſhort I own; for Narrowneſs of Room's the ſole Reaſon.

ADVERTISEMENT.

ARTIFICIAL TEETH, ſet in ſo firm, as to eat with them, and ſo exact, as not to be diſtinguiſhed from natural: They are not to be taken out at Night, as is by ſome falſly ſuggeſted, but may be worn Years together; yet, are they ſo fitted, that they may be taken out and put in by the Perſon who wears them at Pleaſure, and are an Ornament to the Mouth, and greatly help the Speech: Alſo Teeth are cleaned and drawn by *Samuel Rutter* and *William Green*, Operators, who apply themſelves wholly to the ſaid Buſineſs, and live in *Racquet-court*, *Fleet-ſtreet*, LONDON.

MICRO

MICRO CHRONICON:

OR, A

Brief Account of ſeveral remarkable Accidents, many of which are omitted by other Annual Writers.

	Years
SINCE *London* fam'd by *Lud* receiv'd its Form	2860
Since peerleſs *Homer* Prince of Poets born	2787
Since famous *Ovid* firſt drew vital Air	1794
Since *Galen* came our Bodies to repair	1613
Since *Egbert* made our Iſle a Monarchy	938
Since conqu'ring *William* Duke of *Normandy*	688
Since of the Garter Men intitled Knights	407
Copernicus our Syſtem ſet to rights	223
Since we at firſt receiv'd the *Indian* Weed Tho' now 'tis thought we Ellebore more need	166
Since *Broomham-Houſe* by Soldiers ſeen to flame	110
Since *Charles* was martyr'd *England*'s horrid Shame	105
Since *Lilly* for p edicting right did gain From *Sweden*'s King a ſplendid Golden Chain	103
Since Coffee firſt at *London* did commence	99
Since *Cromwell* in a Hurricane went hence	95
Since the great Plague that Thouſands did conſume	88
Since *Monmouth*'s Duke in Haſte ſent to his Tomb	68
Since Popery thought Footing here to gain Since glorious *William* ſent it back again	65
Since pilfer'd Money call'd in and new coin'd	57
Since Houſes did Obeiſance to the Wind	50
Since *Perkin*'s Friends at *Preſton* were ſuppreſs'd	39
Since I for writing this a Dealer loſt	1
Since learned *Newton* went to his long Home Whoſe Fame will live as long as Moon or Sun	27
Since *George* our gracious King begin to reign Long may he live ſole Monarch of the Main	26

MICRO CHRONICON, &c.

	Years
Since Poet *Duck* got Wealth as well as Praiſe What Poet elſe but mourns his miſpent Days	22
Since *Broomham* Wits a Fair there invented Which pleas'd ſome few, moſt do ſore repent it	17
Since *Nicholas* my great Friend pay'd Nature's Dues	15
Since —— for my praiſing him d d me abuſe	2
Since *Vernon* brave attack'd the *Spaniſh* Coaſt	15
Since for nine Weeks we bore a rigid Froſt	14
Since in the Weſt a Comet great appear'd A threatning Signal of what ſoon we heard	10
Since Nymphs were ſeen with Noſes moſt unſeemly Who'll huff and ſnuff to be call'd uncleanly	*ib.*
Since the bleſt Duke whom we forgot too ſoon Made *French* and *Saxony*'s Rebels meet their Doom	7
Since Earthquakes ſev'ral did attack our Iſle	3
Since Men of Learning rectify'd our Stile	1

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By B. LANGLEY, Architect.

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A TABLE of TERMS and their RETURNS.

Hilary-Term begins *Jan.* 23, ends *Feb.* 12.

Returns or Eſſoign-days.		Exc.	Ret.	Ap.
In eight days of St. *Hilary*,	*Jan.* 20	21	22	23
From the day of St. *Hilary* in 15 days,	27	28	29	30
On the morrow of the Purif. Bleſſed *Mary*,	*Feb.* 3	4	5	6
In eight days of the Purif. of Bleſſed *Mary*,	9	10	11	12

Eaſter-Term begins *May* 9, ends *June* 4.

From the day of Eaſter in 15 days,	*May* 6	7	8	9
From the day of Eaſter in 3 weeks,	13	14	15	16
From the day of Eaſter in 1 month,	20	21	22	23
From the day of Eaſter in 5 weeks,	27	28	29	30
On the morrow of the Aſcenſion,	*June* 1	2	3	4

Trinity-Term begins *June* 22, ends *July* 11.

On the morrow of the holy Trinity,	*June* 18	19	20	22
In eight days of the holy Trinity,	25	26	27	28
From the day of holy Trinity in 15 Days,	*July* 2	3	4	5
From the day of holy Trinity in 3 Weeks,	8	9	10	11

Michaelmas-Term begins *Nov.* 6, ends *Nov.* 28, but four Returns.

On the morrow of *All Souls*,	*Nov.* 3	4	5	6
On the morrow of St. *Martin*,	12	13	14	15
In eight days of St. *Martin*,	18	19	20	21
In 15 days of St. *Martin*,	25	26	27	28

N. B. No Sittings in *Weſtminſter-Hall* on Candlemas-day, Aſcenſion-day, and Midſummer-day.

The *Exchequer* opens eight Days before any Term begins, except Trinity, before which it opens but four Days.

Note, That the firſt and laſt Days of every Term, are the firſt and laſt Days of Appearance.

Theſe are the Times if any long to try
To have a Throw at Lawyers Lottery;
Take Plutus *with you if you mean to venture,*
The Place no Matter, Themis *will not enter,*
And for Conſcience ſhe will not be ſent for:
So try your Luck, chuſe ſome crafty Lawyer,
If bad it proves we'll chooſe you Gotham's *Mayor.*

JANUARY hath xxxi Days.

M D	♄ ♑	♆ ♓
1	29	℞
8	29	10
16	♒	9
24	1	9

New Moon the 4th Day, 21 min. paſt 2 aftern.
Firſt Quarter the 12th Day, 40 min. paſt 3 aftern.
Full Moon the 19th Day, 55 min. paſt 10 morn.
Laſt Quarter 26th Day, 10 min. paſt 6 morn.

Once more, my Friends, behold my *Speculum*,
This Glaſs will ſhew how ſwift your Sands will run;

M D	W D	Remarkable Days, &c.	☉ ♒	☽ d.	☽ m.	♑ Moon's South.	♂ ♑	♀ ♒	☿ ♒	Mut. Aſpects and Weather.
1	a	New Year's d.	11	7	20	9 32	7	15	℞	
2	b	Sun riſe at 8	12	19	22	10 18	8	16	27	Some Froſt in
3	c	10, and ſet at 3	13	1 ♒	22	11 6	9	17	27	our Coaſt.
4	d	50.	14	13	15	11 52	9	18	26	
5	e	D. incr. 8 m.	15	25	4	0 A. 40	10	20	25	Old Chriſt. D.
6	f	Epiphany	16	7 ♓	1	1 23	11	21	25	☊ ☍ 11 52
7	G	1 S. after Epi.	17	19	0	2 8	11	22	24	
8	a		18	1 ♈	1	2 52	12	23	22	
9	b		19	13	6	3 33	13	25	21	Prs. Eliz. b.
10	c	Sun riſe at 8,	20	25	20	4 16	14	26	20	♂ ☉ ☿ cold
11	d	and ſet at 4.	22	7 ♈	46	5 5	14	27	18	Rain, if not
12	e	Dog Star S.	23	20	28	5 47	15	28	17	Snow and W.
13	f	9 at Night.	24	3 ♉	30	6 37	16	30	16	✶ ♃ ♀
14	G	2 S. after Epi.	25	17	0	7 32	16	♈	15	
15			26	1 ♊	1	8 26	17	2	14	Look out for
16	b	Sun riſe 55 m.	27	15	18	9 26	18	3	13	the Northern
17	c	O. Twelfth. D.	28	29	57	10 27	19	4	12	Lights or
18	d	paſt 7, ſet 5 m.	29	15 ♋	12	11 29	19	6	12	ſome Phœno-
19	e	before 5.	30	0 ☊	26	12 27	20	7	11	mena this W.
20	f		♒	15	46	Morn.	21	8	11	△ ♆ ♀ Wea-
21	G	3 S. after Epi.	2	0 ♍	46	1 25	21	9	11	ther indif-
22	a		3	15	31	2 20	22	10	D	ferent for the
23	b		4	29	46	3 13	23	12	11	✶ ♀ ☿ Seaſon
24	c		5	13 ♎	30	4 2	24	13	11	
25	d	St. Paul	6	26	44	4 52	24	14	12	Some Rain,
26	e	☉ r 42 m p 7,	7	9 ♏	37	5 40	25	15	13	or Snow.
27	f	ſet 18 m. b. 5	8	22	8	6 28	25	16	13	☌ ♍ 10 45
28	G	4 S. after Epi.	9	4 ♐	22	7 17	26	18	14	
29	a		10	16	26	8 5	27	19	15	
30	b	K. Char. Mar.	11	28	23	8 54	28	20	16	
31	c	The old Time	12	10 ♑	18	9 42	29	21	16	

Seaſon. January 1753.

With Jocund Feaſt we hail the new born Year!
An apiſh Cuſtom, *Romans* firſt did rear;
If Fortune laſt Year ſhew'd us ſcurvy Tricks,
We fondly hope ſhe'll kinder prove the next;
But oft th'enſuing Year bewrays the Cheat,
Our Time flies off, and Troubles find more great.

M D	☽ Riſe h	m
1	5 m	2
2	5	57
3	6	4[illegible]
4	☽ Set.	
5	5 A	24
6	6	27
7	7	29
8	8	33
9	9	37
10	10	44
11	11	52
12	Morn.	
13	1	2
14	2	13
15	3	24
16	4	30
17	5	30
18	6	26
19	☽ Riſe	
20	6	13
21	7 A	38
22	9	C
23	10	17
24	11	29
25	12	38
26	Morn.	
27	1	43
28	2	4
29	3	42
30	4	34
31	5	17

Obſervations.

Countrymen and Friends,

The divine Providence having once more favoured me with Ability to ſerve you with my annual Lucubrations, for which Happineſs I thankfully acknowledge him, and chearfully lay hold of this Opportunity to preſent you with the following Remarks after my uſual Form, on miſcellaneous Topicks, that are tinctur'd moſtly with ſomething novel; for as I muſt have various Gueſts, I endeavour to have Variety of Entertainment. In my laſt Year's Obſervations you may call to mind I gave you ſome Sketches of the univerſal Folly and Vice of Luxury, and Drinking in our Kingdom: Exhibiting to you ſome Part of the Madneſs and miſchievous Effects of Intemperance, and then told you that the Conſequences of it were of no leſs Moment than robbing you of the prime Enjoyments of Life, and moſt commonly even of Life itſelf; and further, that any one that has enured himſelf to the vile Habit of Drinking, and is obſtinately bent to follow it: I ſay it is no Soleciſm to ſay ſuch a one is in the direct Road to a Self-murder; theſe were the prime Scopes of my laſt Year's Obſervations; which I accounted part of my Duty, tho' not my Intereſt, to remind and forewarn my Readers of. 'Tis true I have nothing to boaſt of, the Fruits of my Endeavours that Way, but rather the contrary; it has given me a mournful Reflection to find my Adviſe has proved ſo abortive; I have not gained one Proſelyte that I know of to the Regimen of Temperance and Self-denial, or any that has ſtinted or put the leaſt Check

to

FEBRUARY hath xxviii Days.

New Moon the 3d Day, 42 min. past 9 morn.
First Quarter the 11th Day, 7 min. past 5 morn.
Full Moon the 17th Day, 22 min. past 10 at night.
Last Quarter 24th Day, 12 min. past 11 at night.

M D	♄ ♍	♆ ♋
1	2	℞ 6
8	3	6
16	3	6
24	4	6

How Time, that Thief, steals on us you'll discern,
That great important Lesson all should learn:

M D	W D	Remarkable Days, &c.	☉ ♒	☽ ♍ d.	m.	Moon South.	♂ ♑	♀ ♓	☿ ♍	Mut. Aspects and Weather.
1	d	St. Bridget	13	22	11	10 31	29	22	17	
2	e	Candlemas D.	14	4	♒ 5	11 13	♍	24	18	Frost,
3	f	Author's B.D.	15	16	2	11 58	1	25	19	☌ ♄ ♂ Snow
4	G	5 S. after Epi.	16	28	1	0A.42	1	26	20	or turbulent
5	a	Sun rise 27 m.	17	10	♓ 11	1 25	2	27	21	♌ ♏ 10 14
6	b	p 7, set 33 p 4	18	22	20	2 9	3	28	22	cold Rain.
7	c	Watches too	19	4	♈ 44	2 52	4	30	24	
8	d	fast 14 42.	20	17	19	3 38	4	♈	25	
9	e	S. rise 20′ p 7	21	0	♉ 6	4 26	5	2	26	
10	f	Good Wo died	22	13	6	5 15	6	3	28	□ ♄ ♀ Snow
11	G	6 S. after Epi.	23	26	31	6 11	6	4	29	or cold Rain.
12	a	S. rise 13′ p 7	24	10	♊ 15	7 8	7	5	♒	♌ ♂ ♆
13	b	set 47′ p. 4.	25	24	10	8 7	8	7	1	Old Cand. D.
14	c	Valentine	26	8	♋ 47	9 6	9	8	3	Stormy, tho'
15	d		27	23	48	10 5	9	9	4	not so cold.
16	e	Day 9 h. 48	28	8	♌ 51	11 5	10	10	5	□ ♂ ♀
17	f	min.	29	24	6	12 1	11	11	7	
18	G	Septuages. S.	♓	9	♍ 6	Morn.	12	12	8	
19	a		1	23	44	0 56	12	14	10	
20	b	Sun rise at 7,	2	7	♎ 59	1 48	13	15	11	
21	c	set at 5.	3	21	52	2 39	14	16	13	✶ ☉ ♄
22	d	Sun's declin.	4	5	♍ 41	3 29	14	17	14	♌ ♏ 9 23
23	e	10 29.	5	18	10	4 20	15	18	16	Weather more
24	f	St. Matthias	6	0	♐ 46	5 11	16	19	17	△ ☉ ♆ mild
25	G	Sexages. Sun.	7	13	2	6 0	16	20	19	and serene.
26	a	Sun rise 46 m	8	25	7	6 49	17	22	21	Cold Air, if
27	b	past 6, set 14	9	7	♍ 2	7 39	18	23	22	not Snow.
28	c	m. past 5.	10	18	54	8 25	19	24	24	✶ ♀ ☿

This Month of old the *Romans* never nam'd,
From *Februa* to cleanſe at Length 'twas fam'd:
This was the Time *Lucrece* could not eſcape
The furious Luſt of *Tarquin*'s powrfull Rape:
In our Land *Lucretias* we are ſcant of,
She dy'd for that as many die for Want of.

M D	☽ Riſe h.	m
1	5	50
2	6	24
3	☽	Set
4	6 A	16
5	7	24
6	8	28
7	9	36
8	10	44
9	11	52
10	Morn.	
11	1	3
12	2	12
13	3	15
14	4	10
15	4	58
16	5	39
17	☽ Riſe	
18	6 A	30
19	7	44
20	9	4
21	10	18
22	11	30
23	12	37
24	Morn.	
25	1	36
26	2	30
27	3	54
28	4	27

Observations.

to his luxurious Appetite. Nay, to ſuch a monſtrous Height of ſottiſh Conceptions and wrong-headedneſs were many arrived, that when I recommend to them the charming Example of *Cornaro* Temperance, together with the numerous Train of Bleſſings, he enjoyed by his regular living, theſe *Aſhni bipedes* many of them flatly oppoſed what I had aſſerted, and condemned it for a Lie; others affirm'd, that if *Cornaro* lived ſo as I wrote, he was a Fool, or was diſtempered in Mind, and did not know how to live. Such is the incorigible Infatuations of this Age: We have a Kind of Men amongſt us, many of which differ nothing from Brutes, ſaving the one can ſpeak and the others cannot: Therefore I account it a meer fruitleſs Labour to harp any longer to ſuch on the Topic of Temperance and Sobriety, and for the future, I ſhall decline it as a Work void, hopeleſs, and uſeleſs: (He that is filthy let him be filthy ſtill) for as the Pſalmiſt has it, *Their Ways utter their Folly.* Once more I am fully perſuaded, that had I all *Neſtor*'s Eloquence, and was to write on the above Subject till I was to attain to *Neſtor*'s Age, I ſhould not prevail on any one that had been any Time a Slave to his Appetite, to bring him over to divorce himſelf from his ill Habits, or to exchange his Mode of Living, to enjoy the ineſtimable Benefits of Temperance, Health of Body, and the full Power of all the animal Faculties. Seeing it is ſo in very Fact, I may very eaſily conclude as I have hinted in my Chronology, that Hellebore is a far more

MARCH hath xxxi Days.

New Moon the 5th Day, 55 min. paſt 6 morn.
Firſt Quarter the 12th Day, 3 h. 40 min. p. noon.
Full Moon the 19th Day, 7 h. 8 min. paſt morn.
Laſt Quarter near 5 in the afternoon.

M D	♄ ♒	♅ ♋
1	4	D
8	5	6
16	5	6
24	6	7

Here's other Truths in miſcellan'ous Way,
What pleaſe not ſome, perhaps it others may:

M D	W D	Remarkable Days, &c.	☉ ♓	☽ ♒ d.	m.	☽ Sou. h.	m.	♂ ♒	♀ ♈	☿ ♒	Mut. Aſpects and Weather.
1	d	Sun riſe 40 m·	11	0	41	9	12	20	25	25	
2	e	paſt 6, ſet 20	12	12	42	9	57	20	26	27	☌ ♄ ♅
3	f	m. before 6.	13	24	44	10	42	21	27	29	
4	G	Shrove Sund.	14	6♓	54	11	24	22	28	♓	Prs. Heſſe b.
5	a	Sun riſe Eaſt	15	19	11	0A.	9	23	29	2	☊ ♏ 8 5. Ex-
6	b	by South.	16	1♈	31	0	55	24	8	4	✶ ☿ ☿ pect
7	c	Aſh-Wedneſ.	17	14	14	1	41	24	2	6	✶ ♄ ☿ ſome
8	d		18	27	4	2	27	25	3	7	△ ♅ ☿ Wind
9	e	Sun riſe 6 22,	19	9♉	59	3	16	26	4	9	and Rain with
10	f	ſet 5 38.	20	23	10	4	10	26	5	11	✶ ♅ ☿ in a
11	G	1 Sun. in Lent	21	6♊	39	5	5	27	6	13	△ ♄ ☿ few
12	a	Sun riſe 12 m.	22	20	22	6	2	28	7	15	Days of this
13	b	paſt 6, and ſet	23	4♋	24	7	0	28	8	16	Time.
14	c	48 m. aft. 5.	24	18	40	7	58	29	9	18	
15	d	Venus	25	3♌	12	8	55	30	10	20	Ju. Cæſar ſtab.
16	e	Even. Star till	26	17	52	9	51	♒	11	22	
17	f	June 8.	27	2♍	37	10	45	1	12	24	Tolerable fine
18	G	2 Sun. in Lent	28	17	18	11	39	2	14	26	Time.
19	a	Sun. riſe 6 4,	29	1♎	46	12	31	3	15	28	
20	b	ſet 5 56.	♈	15	48	Morn.		4	16	♈	☌ ☉ ☿ Cold
21	c	Watches too	1	29	42	1	23	4	17	2	Wind.
22	d	faſt by 6 m.	2	13♍	2	2	14	5	18	4	□ ♄ ☿ Clou
23	e	19 ſ.	3	26	5	3	6	6	19	6	□ ♅ ☿ dy
24	f		4	8♐	45	3	58	6	20	8	Rain, if not
25	G	3 Sun. in Lent	5	21	5	4	50	7	21	10	Snow, and
26	a	Pr. Edw. b.	6	3♑	1	5	39	8	22	12	□ ☉ ♄
27	b	The Paſſover	7	15	10	6	29	9	23	14	☌ ♍ 7 58.
28	c	eaten, 26.	8	27	1	7	15	9	24	16	□ ☉ ♅ badiſh
29	d		9	8♒	54	8	0	10	25	18	Time of Wea·
30	e		10	20	53	8	44	11	26	20	her.
31	f		11	3♓	0	9	29	12	27	22	

When Spring's great Parent *Mars*'s Manſion gains,
Winter ſlinks off with all her churliſh Trains;
Tellus is ſummon'd to give up her Dead,
Botanic Treaſures on her Back is ſpread;
Prognes Birds * now ſoon themſelves diſcloſe,
But who knows whence they come or where they go?

* The Swallows.

M. D.	☽ Riſe h	m
1	4	27
2	4	56
3	5	22
4	5	44
5	☽	Set
6	7A.	31
7	8	39
8	9	47
9	10	58
10	12	6
11	Morn.	
12	1	10
13	2	7
14	2	56
15	3	38
16	4	14
17	4	46
18	5	12
19	☽	Riſe
20	8A.	0
21	9	14
22	10	24
23	11	29
24	12	27
25	Morn.	
26	1	17
27	1	59
28	2	34
29	3	5
30	3	32
31	3	56

Obſervations.

more neceſſary Drug at this Time for ſuch, more than Tobacco: For if the tragical Examples of ſo many that we daily obſerve hurried off the Stage of the World, by the Inſurrection they raiſe againſt themſelves, by the too much, or too high living; I ſay, if that will not deter or put a Check to their Lunacy of running into all Exceſs of Riot, what can Letters ranged into Words do? which are but the Shadow of Things: Such Men we muſt leave to the Bent of their own inconſiderate and perverſe Paſſions, to indulge their Appetites, where we ſhall ſoon find them committed into the Hands of the Phyſician, and Death, not far off, comes ſwiftly following with large Strides, ruſhing on like an armed Man; and all the Fences Phyſick can produce, will not ward off or baulk his Weapons: When ſuch Men as this die, as have voluntarily choſen the Path that leads to the Chambers of the Grave, I think it might be juſtly inſcribed on their Tombs, *Here lyeth Such a-one, died at ſuch a Time, a Slave to Luxury and Martyr to* Bacchus. This is a ſore Madneſs that I have been a Spectator of in many Inſtances ſince I wrote my laſt Speculum.

APRIL hath xxx Days.

M D	♄ ♍	♃ ♋
1	5	7
8	6	8
16	6	9
24	6	10

New Moon the 3d Day, 23 min. past 7 at night.
First Quarter the 10th Day, 21 min. past 10 at night
Full Moon the 17th Day, 30 min. past 6 at night.
Last Quarter the 25th Day, 1 min. past 1 aftern.

If you delight in Objects that's above,
Here you may find where Heav'nly Orbs do move:

M D	W D	Remarkable Days, &c.	☉ ♈	☽ d.	☽ ☌ m.	☽ Sou. h.	☽ Sou. m.	♂ ♎	♀ ♉	☿ ♈	Mut. Aspects and Weather.
1	G	Midlent Sun.	12	15	15	10	13	12	28	24	✶ ☉ ♂
2	a	Sun rise 5 39,	13	27	42	10	57	13	29	26	
3	b	set 6 21.	14	10	♈ 23	11	42	14	30	28	
4	c		15	23	18	0	♌ 30	15	♊	8	Some Rain, if
5	d	O'd Lady D.	16	6	♉ 21	1	20	15	2	2	not Wind be-
6	e		17	19	46	2	12	16	3	4	△ ♄ ☿ sides.
7	f		18	3	♊ 20	3	8	17	3	5	
8	G	5 Sun. in Lent	19	17	c	4	5	18	4	7	
9	a		20	1	♋ 1	5	3	18	5	9	✶ ♃ ☿ Some
10	b	Sun rise 5 21,	21	15	3	5	59	19	6	10	Showers now
11	c	set 6 39.	22	29	14	6	55	20	7	11	about.
12	d	Watches too	23	13	♌ 29	7	50	21	8	12	☌ ♏ 6 47
13	e	fast 31 ſ.	24	27	46	8	45	21	9	13	
14	f		25	12	♍ 5	6	36	22	9	14	
15	G	6 Sun. in Lent	26	26	17	10	28	23	10	15	
16	a		27	10	♎ 2	11	20	23	11	16	
17	b		28	24	12	12	11	24	12	17	
18	c	Alexander the	29	7	♏ 45	Morn.		25	13	18	
19	d	Great poiſon'd	30	20	58	1	3	26	13	19	Some Showers
20	e		♉	3	♐ 55	1	53	26	14	9	
21	f		1	16	33	2	46	27	15	9	
22	G	Easter Sunday	2	28	51	3	38	28	16	20	☌ ♏ 6 15.
23	a	Easter Mond.	3	11	♑ 1	4	26	28	16	20	
24	b	Easter Tueſd.	4	22	58	5	15	29	17	20	St. George
25	c	St. Mark	5	4	♒ 54	6	1	♓	18	℞	△ ☉ ♄
26	d	Sun rise 4 49,	6	16	49	6	45	1	18	2	The Brave
27	e	set 7 11.	7	28	41	7	29	2	19	20	D. William
28	f		8	10	♓ 51	8	13	2	20	20	born the 26th
29	G	Low Sunday	9	29	11	8	58	3	20	19	Good ſpring
30	a		10	5	♈ 47	9	49	4	21	19	Weather.

Bright *Venus* rules at this benign Seaſon;
I told you ſo laſt Year—but not the Reaſon:
She claims it now, 'cauſe Nature's Springs do move
To propagate: The World's upheld by Love:
Who lives, muſt love: Yet, Readers, be diſcreet,
If poſſible, and chooſe an Object meet.

M D	☽ riſes. h. m
1	4 20
2	4 42
3	☽ ſets.
4	7 A 44
5	8 56
6	10 5
7	11 10
8	12 9
9	Morn.
10	1 3
11	1 46
12	2 21
13	2 53
14	3 22
15	3 50
16	4 16
17	☽ riſes.
18	8 18
19	9 20
20	10 26
21	11 16
22	12 1
23	Morn.
24	0 39
25	1 12
26	1 40
27	2 6
28	2 27
29	2 51
30	3 13

OBSERVATIONS.

one Thing I have thought worthy to remark, which is, That, when my laſt Almanack was publiſhed, and many had read what I there inſerted concerning a Recommendation of Temperance, together with ſome ſatirical Reproofs of the epidemic Cuſtom of Drinking amongſt us; notwithſtanding theſe Men were no-way reſolved to leave off their former Enormities, and embrace the Maxims of Sobriety, yet many of them owned the Truth of what they read, and entertained it for an agreeable Amuſement, ſuch eſpecially as had not quite ſpoiled their Organs of Thinking, nor entirely ruſted their intellectual Faculties, with Sotting. How much ſoever the Practice of theſe Men was oppoſite to my Preſcription, or how meanly ſoever it was penned, I obſerved that it acted ſomewhat like a Charm on their Minds, and the Truth of what was ſaid blazed violently in upon them. So wonderfully amiable is every thing that tends to rational Morality, or that bears the Image of Virtue, and ſo truly may any one ſay, *Magna eſt Veritas, & prævalebit!*

This Point I have clear Demonſtration of, becauſe my Almanack was bought up in ſo many Drinking-Houſes.

Next of all, for the Uſe of ſuch of my Readers as are not fully given up to the above-hinted Ways of Libertiniſm and Indulgence of Appetite, but are ſomewhat more tractable and willing to ſubmit themſelves to ſome Kind of Diſcipline and Method

MAY hath xxxi Days.

New Moon the 3d Day, 48 min. paſt 7 morn.
Firſt Quarter the 10th Day, at 4 in the morn.
Full Moon the 17th Day, 35 min. paſt 6 morn.
Laſt Quarter the 25th Day, 37 min. paſt 6 morn.

M D	♄ ♍	♃ ♋
1	℞	11
8	5	12
16	5	14
24	5	15

Moreo'er theſe Pages unto you will ſhow
What Pow'r theſe heav'nly Bodies have below.

M D	W D	Remarkable Days, &c.	☉ ♉	☽ d.	☽ ♈ m	Moon ſouths.	♂ ♓	☿ ♊	♀ ♉	Mut. Aſpects and Weather.
1	b	St. Phil. & Jac.	11	18	38	10 29	5	21	℞	☌☉♃ May
2	c	Sun r. 4, 44.	12	1	♉ 50	11 15	5	22	18	☌♄♂enters,
3	d	ſets at 7, 16.	13	15	18	0 A 1 C	6	22	17	like herſelf,
4	e	Sun's declinat.	14	29	5	1 5	7	23	17	fine,
5	f	15, 26 North.	15	13	♊ 6	2 3	8	23	16	☍☉☿ but
6	G	2 S. after Eaſt.	16	27	17	3 2	8	24	16	ſoon alters to
7	a	Sun r. 4, 30.	17	11	♋ 33	4 1	9	24	15	ſome Rain.
8	b	ets 7, 30.	18	25	47	4 57	10	24	14	☊☌♏, 5, 28.
9	c	[illegible]	19	10	♌ 6	5 52	11	25	14	Mercury the
10	d	[illegible]	20	24	17	6 45	11	25	13	6th Day will
11	e	The Feaſt of	21	8	♍ 21	7 36	12	25	13	△♃☍✶♃
12	f	Old May-day	22	22	21	8 26	13	25	12	☿✶♂☿
13	G	3 S. after Eaſter	23	6	♎ 9	9 16	13	26	11	be found in the
14	a	Pentecoſt.	24	19	45	10 7	14	26	11	Face of the Sun
15	b	Sun r. 4, 16.	25	3	♏ 9	10 57	15	26	11	till 9 in the
16	c	ſets 7, 44.	26	16	22	11 47	16	26	11	Morning.
17	d	Our Saviour	27	29	21	12 4C	16	℞	11	This Month
18	e	transfigured	28	12	♐ 4	Morn.	17	26	D	the greater
19	f	the 21ſt.	29	24	32	1 30	18	26	11	Part fine,
20	G	4 S. after Eaſter	30	6	♑ 50	2 22	19	26	11	good Weather.
21	a		♊	18	57	3 1C	19	26	11	A few Showers
22	b	Sun r. N. E.	1	0	♒ 59	3 57	20	26	11	about the 16th
23	c	by E. ſets	2	12	53	4 42	21	25	11	or 17th.
24	d	N. W. by W.	3	24	47	5 25	22	25	11	
25	e		4	6	♓ 45	6 9	22	25	12	
26	f	Fred. 5th Son	5	18	50	6 51	23	25	12	
27	G	5 S. after Eaſt. r.	6	1	♈ 8	7 35	24	24	13	☊☌♏, 4, 24.
28	a	of the Pr. of	7	13	21	8 18	24	24	14	
29	b	Wales, born.	8	26	36	9 2	25	23	14	
30	c		9	9	♉ 5C	9 5C	26	23	15	
31	d		10	23	51	10 5C	27	22	16	

Such docile Readers, as your Health do prize,
Quit ſoon your Beds, now Mornings early riſe:
View roſy Morn, draw in ambroſial Air;
'Twill feaſt your Lungs, and mitigate Deſpair:
But, if you won't, ſnore on with Windows faſt;
'Twill not be long before you ſnore your laſt.

M D	☽ riſes. h.	m
1	3	38
2	4	7
3	☽ ſets.	
4	9	4
5	10	9
6	11	4
7	11	50
8	12	48
9	Morn.	
10	1	2
11	1	30
12	1	56
13	2	22
14	2	49
15	3	16
16	3	48
17	☽ riſes.	
18	9 A	8
19	9	57
20	10	38
21	11	14
22	11	44
23	12	9
24	Morn.	
25	0	33
26	0	57
27	1	18
28	1	39
29	2	4
30	2	33
31	3	9

OBSERVATIONS.

of Regimen, I ſhall lay down ſome general Rules relating to Eating and Drinking. Firſt, as to the Quantity that may be eat or drank, no one can lay down any particular Rule, or poſitive Determination, what is the *quantum ſufficit*, or exact Quantity, a Man ſhould eat or drink at once: Such a Multitude of Circumſtances and natural Occurrences, external and internal Cauſes and Cuſtoms, attend it, that no Man, no not *Apollo* himſelf, could ever fix a Plan for this Health-Preſervative: Some have Cameleon-like Stomachs; others eat like Oſtriches; what would often gorge a Couple of Students, or Perſons leading ſedentary Lives, would ſtarve a Shepherd or a Ploughman. Nor is it leſs difficult to adjuſt the Weight of Food the ſame Man may or ought to eat at different Times, as his Exerciſe, Age, Temper of Stomach, and many other Cauſes indicate: So that, if *Hippocrates* was now living, and was to be at a Man's Elbow whilſt he dines, he could not preſcribe to him how much he ſhould eat, ſo exactly as the Man himſelf could know without him, unleſs the Man would be his own Flatterer: For Nature is appointed as a Vicegerent under the Supreme Being, to regulate our Appetites; and all her Laws and Modes of Government are ſo plain and eaſy, that a Child but ſeven Years old may know when he has treſpaſſed in eating or drinking too much. Let theſe conciſe Maxims, I am going to inſert, ſerve as an Index to put you in Mind,

JUNE hath xxx Days.

New Moon the 1st Day, 38 m. past 5 in Evening.
First Quarter the 8th Day, 11 m. past 9 morn.
Full Moon the 15th Day, 37 m. past 7 at night.
Last Quarter 23d Day, 36 m. past 10 at night.

M D	♄ ♍	♃ ♋
1	℞	17
8	4	18
16	3	20
24	3	21

I don't presume, that my Conjectures here
Shall all precisely with the Truth appear.

M D	W D	Remarkable Days, &c.	☉ ♊	☽ d.	☽ ♊ m.	Moon souths.	♂ ♓	♀ ♊	☿ ♉	Mut. Aspects and Weather.
1	e	Sun r. 3, 58 m.	11	7	50	11 47	27	℞	17	☌ ♃ ☿
2	f	sets 8, 2 m.	12	22	16	0 A 46	28	21	18	Pretty good
3	G	6 S. after Easter	13	6	♋ 51	1 48	29	21	19	seasonable
4	a	Watches too sl.	14	21	39	2 4(	29	20	20	Weather.
5	b	Prince of	15	6	♌ 18	3 43	♈	20	21	☊ ☍ 3, 52.
6	c	Wales born.	16	20	49	4 38	1	19	22	☽ ☉ ☿ Now
7	d	2 min. 28 sec.	17	5	♍ 8	5 33	2	18	23	about Rain
8	e	Sun r. 3, 53 m.	18	19	13	6 23	2	18	25	□ ♄ ♂ ☌ ♂ ♀
9	f	sets 8, 7 m.	19	2	♎ 56	7 12	3	17	26	(born
10	G	Whit. Sunday	20	16	24	7 58	4	17	27	Pr. Am. & Car.
11	a	Whit. Monday	21	29	44	8 48	4	16	29	St. Barnabas,
12	b	Whit. Tuesday	22	12	♏ 40	9 38	5	15	♊	and Thunder,
13	c	Sun's declinat.	22	25	35	10 28	6	15	2	if not Hail.
14	d	23deg. 18min.	23	8	♐ 13	11 19	7	14	4	
15	e	Days 16 hours	24	20	46	12 7	7	14	5	
16	f	22 min. long.	25	3	♑ 6	Morn.	8	13	7	
17	G	Trin. Sunday	26	15	16	0 58	9	13	9	
18	a		27	27	20	1 4(	9	12	10	☌ ♂ ♀
19	b		28	9	♒ 18	2 32	10	12	12	☌ ♀ ☿
20	c		29	21	13	3 17	11	11	14	more Thunder,
21	d	Longest Day.	♋	3	♓ 4	3 59	11	11	16	☍ ☉ ♄ Hail,
22	e	Sun r. 39 deg.	1	14	57	4 52	12	11	18	K. Geo. 2. inau
23	f	50 min. from	2	27	0	5 25	13	10	20	or Rain, this
24	G	1 S. after Trin.	3	9	♈ 16	6 8	14	10	22	St. John Bapt.
25	a	East to North,	4	21	51	6 53	14	10	24	Week.
26	b	and sets the	5	4	♉ 47	7 40	15	10	26	K. Geo 2 pro
27	c	same Distance	6	18	5	8 29	16	10	28	☊ ☍ 2, 46.
28	d	from W. to N.	7	1	♊ 53	9 25	16	9	♋	Some Rain,
29	e	St. Pet. & Paul	8	16	11	10 24	17	9	3	☌ ♄ ☿
30	f		9	0	♋ 53	11 25	18	D	5	that's plain.

This Month, the ninth, dy'd famous *William Lilly*,
A great Aſtrologer, as moſt will tell you:
Our Sadducees account that Art a Fable;
But to confute them *Heydon* * he was able:
And I myſelf can evidently prove,
Tho' Men think idly, Stars don't idly move.

* Sir *Chriſtopher Heydon*, in his Defence of Aſtrology, wrote 1603.

M D	☽ riſes. h. m.	
1	☽ ſets.	
2	8 A 52	
3	9 43	
4	10 26	
5	11 3	
6	11 36	
7	12 1	
8	Morn.	
9	0 26	
10	0 50	
11	1 18	
12	1 47	
13	2 21	
14	3 1	
15	☽ riſes.	
16	8 A 30	
17	9 8	
18	9 40	
19	10 7	
20	10 32	
21	10 56	
22	11 17	
23	11 38	
24	12 11	
25	Morn.	
26	0 28	
27	0 58	
28	1 36	
29	2 21	
30	3 18	

OBSERVATIONS.

that thoſe who are in Health ſhould never begin eating till their Appetite calls for it; and let it be a real, not a counterfeit Call; never cloy your Stomach with Food, or quite blunt the Appetite, ſo as to nauſeate what you have been eating; but, if you are at a Loſs how much to eat, riſe with ſome Appetite, and, if you err, always err on the too-little Side: Take your Food, as the ſick Man does his Phyſic; when eaſy, leave it off: Hunger is a Kind of diurnal Diſeaſe, of which Food is the Cure: Never load your Stomach with Food, till what was taken in is firſt diſcharged; for, as Dr. *Baynard* ſaith,

Whatſoe'er is taken thus
Turns putrid and cadaverous.

Never bribe or let your Appetite be tempted with aromatic, poignant, or luſcious Sauces:

Let no Delicates invite
To pall or gull your Appetite.

If you ſhould ever be ſeiſed with the *Fames Canina*, or any Tendency thereto, have Recourſe to Reaſon and Medicine: Never mind your Belly, which, tho' 'tis a dumb, yet is a very decoying and powerful Orator: But obſerve the Martyred King's Precept, Make no long Meals; a Thing too much in Uſe amongſt the Gentry now-a-days: Do not aim to eat ſo much in Summer as in Winter: Eat none, or very rarely any Suppers, unleſs

JULY hath xxxi Days.

M D	♄ ♍	♅ ♋
1	♎	23
8	2	25
16	1	26
24	1	28

New Moon the 1ſt Day, 31 min. paſt 1 morn.
Firſt Quarter the 7th Day, 53 m. p. 3 afternoon.
Full Moon the 15th Day, 34 m. paſt 9 morn.
Laſt Quarter the 23d Day, 12 m. paſt noon.
New Moon the 30th Day, 9 m. paſt 8 morn.

He that performs what is by Art intended,
If ſometimes miſs, ſhould not be reprehended.

	W D	Remarkable Days, &c.	☉ ♋	☽ ♋ d.	m	Moon ſouths.	♂ ♈	♀ ♊	☿ ♋	Mut. Aſpects and Weather.
1	G	2 S. after Trin.	10	15	50	0 25	18	9	7	Some Rain,
2	a	Venus is be-	11	0♌	56	1 A 24	19	9	9	and very un-
3	b	come our	12	16	0	2 20	20	10	11	♂ ☉ ☿
4	c	Morning Star	12	0♍	R52	3 16	21	10	13	ſettled Air.
5	d	Sun r. 3, 51 m	13	15	23	4 12	22	10	16	Old Midſum-
6	e	ſets 8, 0 m.	14	29	33	5 2	22	10	18	mer-day.
7	f	Watches too	15	13♎	10	5 52	23	10	20	♌ ♏ 2, 14.
8	G	3 S. after Trin.	16	26	44	6 42	23	11	22	
9	a	faſt.	17	9 ♏	19	7 31	24	11	24	♂ ♅ ☿ □ ♂
10	b	Sun's declin.	18	22	36	8 21	24	12	26	☿ high Wind
11	c	22 d. 24 m.	19	5	♐12	9 11	25	12	28	and Thunder.
12	d	Sun r. 3, 58 m.	20	17	38	10 0	26	12	♌	□ ♄ ♂
13	e	ſets at 8, 2 m	21	29	55	10 50	26	12	2	Some Rain.
14	f		22	12♑	4	11 38	27	13	4	
15	G	4 S. after Trin	23	24	6	12 24	28	13	6	
16	a	St. Swithin	24	6♒	4	Morn.	28	14	8	
17	b	Bp. Winch.	25	17	58	1 8	29	14	10	
18	c	General	26	29	50	1 51	30	15	12	Reader, you'll
19	d	Monk made a	27	11♓	45	2 35	♉	16	13	△ ♄ ♂
20	e	Rout at the	28	23	41	3 18	1	16	15	♂ ☉ ♅
21	f	Devizes.	29	5♈	45	4 0	2	17	17	find a Wonder,
22	G	5 S. after Trin.	30	18	0	4 44	2	18	18	Prs. Car. Mat.
23	a	Joſeph and	♌	0♉	31	5 30	3	19	20	born.
24	b	Mary came	2	13	21	6 18	3	19	22	if no Rain
25	c	St. James.	3	26	34	7 10	4	19	23	and Thunder
26	d	up out of	4	10♊	15	8 5	5	20	25	this Week.
27	e	Ægypt into	4	24	30	9 1	5	21	27	♌ ♏ 1, 10.
28	f	Judæa.	5	9♋	14	10 4	6	22	28	□ ☉ ♂ Storms
29	G	6 S. after Trin.	6	24	17	11 4	6	22	29	and Thunder
30			7	9♌	3	0 A 3	7	23	♍	△ ♄ ☿ near
31	b	Prs. Aug. born.	8	24	52	1 1	8	24	2	the new Moon.

What Man of Learning, or of Common-Senſe,
Can e'er deny the Stars have Influence?
The Scripture-Proofs, Experiences of Ages,
He muſt oppoſe, and Writings of the Sages.
Whoe'er he is, of low or high Condition,
He's fitter for a Swineherd than Phyſician:

M D	☽ ſets. h. m.	OBSERVATIONS.
1	ſets.	
2	8 51	when you have uſed great Exerciſe, or had no
3	9 28	Dinner: To faſt a Day once in three Weeks or a
4	9 56	Month is beneficial to Health; 'tis no leſs prudent
5	10 25	than pious; for by that Means Nature proves her
6	10 50	own Scavenger, aud cleanſes her Outlets of all Cru-
7	11 16	dities and Impurities that are offenſive to her; and
8	11 45	he that is but meanly verſed in the Laws of the
9	12 17	Animal Œconomy may ſoon find a Reaſon how
10	Morn.	Faſting performs the above Work. I expect to be
11	0 54	flouted for this laſt Advice by thoſe who make their
12	1 35	Pleaſure, Taſte, and Luxury, their *ſummum Bonum:*
13	2 24	You may as ſoon perſuade ſuch to circumciſe them-
14	3 17	ſelves, as to cut themſelves ſhort of a Day's Diet
15	☽ riſes	But a little farther on this Article: Whoever hath
16	8 A 7	a due Concern for a rational Head and active Spirits,
17	8 31	Eaſe and Serenity of Mind, about 50, when he is
18	8 56	travelling down the Hill of Life, ſhould begin to
19	9 18	lay an Embargo on his Diet and Drinking, and
20	9 40	make a conſiderable Abatement both in Quantity
21	10 2	and Quality; and, as Age increaſes, he ſhould pro-
22	10 28	portionably make Reductions in what is taken into
23	10 54	the Body. The Reaſon for leſſening the Food is
24	11 27	very obvious: As the Fluids thicken, the Solids
25	12 5	harden and loſe their Elaſticity, and Nature acts on
26	Morn.	the Secretions very imperfectly; and as Order ſhould
27	0 58	be preferred in all Things, ſo it ought to be in Eat-
28	2 1	ing. Always uſe ſome moderate Exerciſe before
29	3 12	Eating: Demand no Reaſon; Room won't allow it.
30	☽ ſets.	Never drink juſt before you eat; mind not the
31	1 1	fooliſh, vulgar Proverb: Begin your Meals with

AUGUST hath xxxi Days.

First Quarter the 6th Day, 4 m. p. 1 morning.
Full Moon the 13th Day, 29 m. paſt midnight.
Laſt Quarter the 21ſt Day, 33 min. paſt 11 night.
New Moon the 28th Day, 20 min. p. 3 aftern.

M D	♄ ♍	☊ ☋
1	℞	0
8	♐	1
16	30	3
24	29	5

I don't, like ſome, inform you when the Pope
Will trip to Styx; it is beyond my Scope:

M D	W D	Remarkable Days, &c.	☉ ☌ ☿ ☊ d. m.	Moon ſouths.	♂ ♉	♀ ♊	♃ ♍	Mut. Aſpects and Weather.
1	c	Lammas Day.	9 9 56	1 A 58	8	25	4	Begins well
2	d	Sun riſe 4,	10 24 46	2 52	9	25	5	and dry.
3	e	23 min.	11 9♎ 6	3 43	9	26	7	The Borealis
4	f	ſets 7, 37 m.	12 23 2	4 35	10	27	8	Aurora, or
5	G	7 S. after Trin.	13 6♏30	5 26	11	28	9	ſomething like
6	a	Watches too	14 19 32	6 16	11	29	10	☊ ☍ 39 min.
7	b	faſt 5m. 23ſec.	15 2♐ 14	7 8	12	30	12	it, will be ſeen.
8	c		16 14 44	7 58	12	♎	13	△ ♂ ☿
9	d		17 27 2	8 47	13	1	14	
10	e	St. Lawrence.	18 9♒ 7	9 36	13	2	15	
11	f	Clocks and Sun	19 21 8	10 22	14	3	16	Prſ. Aug. born.
12	G	8 S. after Trin.	20 3♓ 5	11 9	15	4	17	Old Lam. Day.
13	a	nearly equal.	21 15 0	11 51	15	5	18	A little Rain
14	b	Sun r. 4, 43 m.	22 26 58	12 35	16	6	19	within 3 Days
15	c	ſets 7, 17.	23 8♈47	Morn.	16	7	20	of the full ☽.
16	d	Days dec.	24 20 41	1 20	17	8	21	A ſomewhat
17	e	2 hours 6 min.	25 2♉45	2 2	17	9	22	moiſt Air,
18	f	Watches too	26 14 54	3 45	18	10	22	tho' moſtly an
19	G	9 S. after Trin.	27 27 19	3 30	18	11	23	agreeable fine
20	a	faſt 3m. 23ſec.	27 9♊43	4 16	19	12	24	Time now
21	b	Sun r. 4, 54m.	28 22 33	5 5	19	13	24	about.
22	c	ſets 7, 6 min.	29 5♋44	5 59	20	14	25	△ ☉ ♄ ☊ ♓
23	d		♍ 19 26	6 54	20	15	25	29, 48.
24	e	St. Bartholom.	1 3♌25	7 52	21	16	25	
25	f		2 17 50	8 51	21	17	25	
26	G	10 S. after Trin.	3 2♎49	9 50	22	18	25	
27	a	Day break at	4 18 5	10 49	22	19	26	
28	b	2, 50 min.	5 3♍14	11 46	23	20	℞	A little Rain.
29	c	Jeſus dwelt at	6 18 19	0 A 42	23	21	25	
30	d	Nazareth with	7 3♏20	1 36	24	22	25	
31		his Parents.	8 17 56	2 30	24	23	25	

This Month is nam'd ſignificant and juſt;
'Tis bounteous, great, and fitly term'd *Auguſt:*
It brings the Grain, whoſe Juice our Hearts refreſh,
And Bread, to prop our tott'ring Walls of Fleſh.
If once theſe Giſts by Heav'n are long debarr'd,
What horrid Looks are ſeen, and bitter Mournings heard!

M D	☽ ſets h.	m.
1	8 A	22
2	8	51
3	9	19
4	9	48
5	10	19
6	10	54
7	11	34
8	12	22
9	Morn.	
10	1	17
11	2	10
12	3	8
13	☽ riſes	
14	7	3
15	7	24
16	7	47
17	8	10
18	8	32
19	8	59
20	9	31
21	10	8
22	10	54
23	11	49
24	12	5
25	Morn.	
26	2	7
27	3	23
28	☽ ſets	
29	6	56
30	7	24
31	7	54

OBSERVATIONS.

Things liquid, ſoft, and eaſy of Digeſtion, and end with Things more ſolid, and harder to concoct. People of cold Stomachs, and ſuch as are advanced in Years, ſhould drink Things of a more warming Quality at Meals, *viz.* ſtrong Beer, or a little Wine. As to the Time of Eating, the Mode in general ſhould be at an accuſtomed Hour; in ſome particular Caſes, when the Stomach gives the Watch-Word. It may be aſked by ſome, why I have ſaid nothing about the Meaſure we are to obſerve in Drinking? He that will attend to what I have ſaid on Eating will underſtand eaſily enough how to limit his Liquor. Let this ſerve as an Epitome of the whole: Whenever you have by Drinking brought on any Uneaſineſs or Embarraſſment to the Functions of the Body or the Faculties of the Mind, you may conclude you have drank too much; and the next Time, when you begin drinking, if you are wiſe, correct it. I would have been more preciſe on this Point; but to plan a Rule in this mad Age for Drinking would be Madneſs itſelf: How many live now-a-days, as if they were merely *Fruges conſumere nati!* How many waſte the Spirit, how many the Body, of Corn! I ſhall now proceed to make ſome ſhort Remarks, touching the Qualities of Food: But you muſt not expect that I can give you a Bill of Fare, or a Treatiſe *De Alimentorum Facultatibus*, of all that is good, bad, or indifferent, and to whom they are ſo. The Divine Writer aſſures us, that all the Creatures of God are good.

SEPTEMBER hath xxx Days.

First Quarter 4th Day, 25 m. p. 5 afternoon.
Full Moon the 12th Day, 37 m. p. 4 afternoon.
Laſt Quarter 19th Day, 59 m. p. 8 morning.
New Moon 25th Day, at midnight.

M D	♄ ♐	♃ ♌
1	D	7
8	29	8
16	29	9
24	30	11

Nor can my Genius, aided by my Muſe,
Predict exact the Calling of the *Jews*.

M D	W D	Remarkable Days, &c.	☉ ♍	☽ d.	☽ m.	Moon ſouths.	♂ ♈	♀ ♎	☿ ♍	Mut. Aſpects and Weather.
1	f	St. Giles.	9	1	52	3 A 29	24	24	℞	△ ♂ ☿
2	G	11 S. after Trin.	10	15	28	4 16	25	25	23	✶ ♂ ♀
3	a		11	28	34	5 8	25	26	23	Weather fine.
4	b	Sun r. 5, 22 m.	12	11 ♐	18	5 58	26	27	22	
	c	ſets 7, 38 m.	13	23	46	6 50	26	28	21	Dames, be no
6	d	Days dec. 3 h	14	6 ♑	2	7 40	26	29	20	longer ſowre,
7	e	and about 20 m.	15	18	4	8 27	27	♌	19	The Dog-Star
8	f	V. Mary born.	16	0 ♒	1	9 13	27	1	18	quits his Pow'r
9	G	12 S. after Trin.	17	11	55	9 58	28	2	17	☊ ☍ 28, 54.
10	a	Sun r. 5, 31 m.	18	23	49	10 41	28	3	16	
11	b	ſets 7, 29.	19	5 ♓	42	11 24	28	5	15	
12	e	Watch. 4 m. ſl.	20	17	40	12 8	29	6	14	
13	d	London Burnt.	21	29	41	Morn.	29	7	13	A fine tempe-
14	e	Sun r. 5, 41 m.	22	11 ♈	55	0 54	29	8	12	rate Air.
15	f	ſets 7, 19 m.	23	24	13	1 36	29	9	12	♂ ♃ ♀ warm.
16	G	13 S. after Trin.	24	6 ♉	42	2 23	30	10	11	
17	a	Sun's declinat.	25	19	21	3 12	♊	11	11	
18	b	2 deg. 35 min.	26	2 ♊	20	4 3	0	12	D	
19	c	Riſe before the	27	15	36	4 56	1	13	11	
20	d	Sun, & behold	28	29	10	5 52	1	15	11	
21	e	St. Matthew,	29	13 ♋	6	6 48	1	16	12	Cloudy, if not
22	f	♈ & ♀, reader,	30	27	21	7 46	2	17	12	□ ☉ ♄
23	G	14 S. after Trin.	☍	11 ♌	51	8 45	2	18	13	wet.
24	a	in their Glory	1	26	44	9 38	2	19	14	
25	b	joined.	2	11 ♍	41	10 34	2	20	15	△ ☉ ♂
26	c	Sun r. the 18th	3	26	35	11 29	2	21	16	Weather in-
27	d	E. and by S.	4	11 ☍	23	0 A 23	3	22	17	different.
28	e	ſets W. by S.	5	25	53	1 16	3	24	18	☌ ☍ 27, 53.
29	f	St. Michael.	6	9 ♏	56	2 12	3	25	19	
30	G	15 S. after Trin.	7	23	21	3 6	3	26	21	

For thee, poor Month! ſome People ſore complain'd
Laſt Year, to ſee thee pillag'd, dock'd, and maim'd:
By Age our Time grown tumerous and lame,
Nought could, except Inciſion, cure the ſame:
That Remedy has rectify'd its Frame.
Like good Muſicians, now we'll keep Time right:
Bad Times to mend, That ſtill exceeds our Might.

M D	☽ ſets h.	m.
1	8	25
2	9	0
3	9	39
4	10	26
5	11	16
6	12	11
7	Morn.	
8	1	9
9	2	11
10	3	14
11	4	17
12	☽ riſes	
13	6 A	24
14	6	47
15	7	14
16	7	43
17	8	18
18	9	5
19	9	52
20	10	45
21	11	57
22	Morn.	
23	1	12
24	2	32
25	3	52
26	5	14
27	☽ ſets	
28	6 A	33
29	7	6
30	7	34

OBSERVATIONS.

good, if received with Thankſgiving; and, as I may add, eaten with Moderation. Man is formed of Elements, from whence ſuch various Temperaments are compounded, and ſuch Tranſmutations of Qualities occaſioned, by different Ages, Diſeaſes, and outward Occurrences, that there is no more fixing an univerſal Plan what Diet is moſt fit for every Individual, than what Quantity is to be eaten: 'Tis juſt with Food as with Phyſic; what proves healthful to one hurts another; which is even a vulgar Obſervation. We have in our Iſle (Thanks to the Divine Providence!) a copious Variety of Things to compound, and have our Aliments both from Vegetables and Animals, beſides Things derived from Animals; which we are to learn by Art and Experience to make Choice of for Food, according to different Ages, Complexions, Appetites, various Circumſtances of Life, and Diſpoſitions to this or that Diſeaſe. But ſome general Rules for Diet I ſhall lay down, as follows: Men that are in perfect Health, luſty and laborious Perſons, whoſe Limbs are more uſeful to the Commonwealth than their Heads, may do very well to eat Food of a firmer Texture and harder Digeſtion than others; as Beef, Bacon, and, if they can procure it, Veniſon; alſo Animals more aged, black Pudding, boiled Eggs, Entrails of Beaſts, hard Cheeſe, raw Herbs, and the like: But for the other Set of Men, who are compounded of a finer and feebler Texture, whoſe Fibres

OCTOBER hath xxxi Days.

M D	♄ ♐	♅ ♌
1	30	12
8	♍	13
16	1	14
24	1	15

First Quarter the 4th Day, 29 m. paſt 5 morn.
Full Moon the 12th Day, 53 min. paſt 8 morn.
Laſt Quarter the 19th Day, 5 m. p. 5 at night.
New Moon the 26th Day, 45 m. paſt 10 morn.

It is, I own, beyond my *Jacob*'s Staff:
He that pretends it caus'd our Foes to laugh.

M D	W D	Remarkable Days, &c.	☉ ♎	☽ d.	☽ m.	Moon ſouths.	♂ ♊	♀ ♌	☿ ♍	Mut. Aſpects and Weather.
1	a	Sun r. 6, 13 m.	8	0	5♌	4A 0	3	27	22	
2	b	ſets 5, 47 m.	9	19	4♍	4 52	3	28	24	☊☋ ☍ 27, 37.
3	c		10	2♍	14	5 43	3	29	25	Rain and Wind
4	d	Watch. 11 m	11	14	23	6 32	3	♍	27	△ ♄ ☿
5	e	too ſlow.	12	16	31	7 18	4	2	29	Expect to find
6	f		13	8♒	26	8 3	4	3	♎	✱ ☉ ♅ □ ♄
7	G	16 S. after Trin.	14	20	20	8 48	4	4	2	☿ □ ♂ ♀
8	a		15	2♓	14	9 31	4	5	4	△ ♂ ☿ now
9	b	St. Dennis.	16	14	8	10 14	4	6	6	about.
10	c	Old Mich. Day	17	26	11	10 57	♑	7	7	
11	d	Sun r. 6, 36 m	18	8♈	25	11 43	4	9	9	
12	e	ſets 5, 24 m.	19	20	45	12 28	4	10	11	Pretty fine Air,
13	f		20	3♉	22	Morn.	4	11	13	ſome Wind.
14	G	17 S. after Trin.	21	16	10	1 17	4	12	14	✱ ♅ ☿
15	a	Watch. 14 m.	22	29	11	2 8	3	13	16	
16	b	too ſlow by	23	12♊	26	3 0	3	15	18	A fine ſettled
17	c	the Sun.	24	25	52	3 54	3	16	20	Time.
18	d	St. Luke.	25	9♋	38	4 50	3	17	21	
19	e	Sun r. 6, 50 m.	26	23	28	5 46	3	18	23	
20	f	ſets 5, 10 m.	27	7♌	35	6 42	3	19	25	
21	G	18 S. after Trin.	28	21	53	7 37	3	21	26	
22	a	K. Geo. 2. cr.	29	6♍	20	8 31	3	22	28	
23	b		♏	20	52	9 24	2	23	30	
24	c		1	5♎	20	10 17	2	24	♏	✱ ☉ ♄ ♂ ☉
25	d	St. Criſpin.	2	19	45	11 11	2	25	3	☿ Some tur-
26	e	Sun r. 7, 3 m.	3	3♏	51	0A 4	2	26	5	bulent Rain for
27	f	ſets 4, 57 min.	4	17	50	0 58	2	28	6	ſome Time.
28	G	19 S. after Trin.	5	1♐	28	1 52	1	29	8	St. Sim. & Jude
29	a		6	14	41	2 46	1	♎	9	☊☋ ☍ 26, 18.
30	b	Clocks 16 m.	7	28	34	3 38	1	1	11	
31	c	too ſlow.	8	10♑	10	4 28	0	3	13	

Janus's Month begins our new-form'd Year;
How comes it then we have *October* here?
A Soleciſm ſure, as I remember;
We rather ought to name this Month *December*:
Since Lords have not, nor the Lord's Anointed,
I'll not diſpute what Senators appointed.

M D	☽ ſets h.	m.
1	8 A	28
2	9	18
3	10	13
4	11	10
5	12	10
6	Morn.	
7	1	13
8	2	16
9	3	18
10	4	22
11	5	27
12	☽ riſes	
13	5 A	55
14	6	27
15	7	6
16	7	54
17	8	50
18	9	55
19	11	6
20	12	20
21	Morn.	
22	1	37
23	2	56
24	4	16
25	5	35
26	☽ ſets	
27	5 A	45
28	6	25
29	7	13
30	8	5
31	9	2

OBSERVATIONS.

Fibres and Nerves are more lax and weak, and their whole Syſtem of Organs more delicate; for ſuch as apply themſelves to Study, or are given to a ſedentary Way of Life, or are in a valetudinary State of Health—theſe ought to be more circumſpect in the Choice of their Diet (it being a Point very cogent and neceſſary), and to eat ſuch Things only as are eaſieſt to digeſt, and are ſooneſt tranſmuted into Chyle; as all tender Animals, white Meat, wild Fowl, Fiſh of a lax Texture, light Pudding, ripe Fruit, and Things made therefrom: Milk alſo is good for weak Stomachs, whoſe Temperament of Body or Diſeaſes don't prohibit it: And Vegetables, many of them, afford much Nouriſhment, and are a very agreeable Prop to ſupport Life; tho' ſome of them are harder to digeſt than animal Food, being deſtitute of thoſe ſtimulating Salts that promote Concoction. Upon the Whole, every Man, that is reſolved to purſue the Road to Eaſe and Health, ſhould make Choice of that Food, which agrees beſt with his Palate, Habit, and Complexion. Man's Body is called the Microcoſm, or little World, and doth manifeſtly hold forth the Quinteſſence of all Things: The four Humours analogouſly anſwer to the four Elements: So that ſuch Food as is agreeable to one in whom Melancholy predominates cannot be accounted good for the Sanguine; neither ſhould he who is of an hot Conſtitution be too free with that Food which is adapted to one naturally cold. But ſome People perhaps

NOVEMBER hath xxx Days.

M D	♄ ♍	☊ ☋
1	2	16
8	3	17
16	3	17
24	4	18

First Quarter the 2d Day, 40 m. paſt midnight.
Full Moon the 10th Day, 16 min. p. midnight.
Laſt Quarter the 17th Day, 42 min. p. 8 morn.
New Moon the 24th Day, at midnight.

Men ſhou'd judge modeſt, leſt they meet with Blame:
Obſerve, *Ne Sutor ultra Crepidam.*

M D	W D	Remarkable Days, &c.	☉ ♏	☽ d.	♍ m.	Moon ſouths	♂ ♊	♀ ♎	☿ ♏	Mut. Aſpects and Weather.
1	d	All Saints.	9	22	28	5A 16	℞	4	14	
2	e	Sun r. 7, 18 m.	10	4	♒ 31	6 2	♉	5	16	Prſs. Oran. b.
3	f	ſets 4, 42 m.	11	16	21	6 46	29	6	17	
4	G	20 S. after Trin.	12	28	19	7 30	29	7	19	
5	a	Powder Plot.	13	10	♓ 17	8 13	29	9	20	
6	b	Term begins.	14	22	18	8 56	29	10	22	☌ ♎ 25, 46.
7	c	Pr. Hen. Fr. b.	15	4	♈ 13	9 39	28	11	24	
8	d	Watch. 15 m.	16	16	39	10 25	28	12	25	Winds and
9	e	50 ſ. too ſlow.	17	29	8	11 11	27	14	27	□ ☉ ☿
10	f	K. Geo. 2. b.	18	12	♉ 5	12 1	27	15	28	ſome Rain the
11	G	21 S. after Trin.	19	25	10	Morn.	27	16	30	9, 10, or 11th
12	a	Old Allhal-	20	8	♊ 36	0 55	26	17	♐	✶ ♃ ♀
13	b	lowmas.	21	22	18	1 50	26	18	3	
14	c	Sun r. 7, 39 m.	22	6	♋ 10	2 46	26	20	4	Pretty fine
15	d	ſets 4, 21 m.	23	20	9	3 42	25	21	6	Air.
16	e	Sun's declinat.	24	4	♌ 15	4 37	25	22	7	
17	f	18 d. 35 m.	25	18	25	5 32	25	23	9	
18	G	22 S. after Trin.	26	2	♍ 36	6 25	24	25	10	△ ♂ ♀
19	a	Sun r. 7, 46 m.	27	16	47	7 17	24	26	12	
20	b	ſets 4, 14 m.	28	0	♎ 59	8 9	23	27	13	☌ ♐ 24, 55.
21	c		29	15	0	8 59	23	28	15	
22	d	Sun r. S. E. by	♐	28	54	9 52	23	30	16	△ ♃ ☿
23	e	E. ſets S. W.	1	12	♏ 39	10 44	22	♏	18	Great Winds,
24	f		2	26	16	11 36	22	2	19	☍ ♂ ☿ not
25	G	23 S. after Trin.	3	9	♐ 37	0A 29	22	3	21	P. W. Hen. b.
26	a	St. Catherine.	4	22	4	1 22	21	5	22	without
27	b	Herod invites	5	5	♑ 28	2 15	21	6	24	✶ ♄ ☿ Rain
28	c	John Baptiſt	6	18	1	3 3	21	7	25	the 23d, or
29	d	to Court.	7	0	♒ 20	3 49	20	8	26	within 3 Days.
30	e	St. Andrew.	8	12	24	4 35	20	9	28	Prſs. D. W. a. b.

Winter attacks us now in Front and Rear:
Without ſome Fence, her Weapons who can bear?
Strong Beer, good Fires, warm Garments will oppoſe
And ward the Darts of nitrous Froſts and Snows:
But for the Poor, how wretched are they now! ——
More wretched thoſe who nothing them allow.

M	☽ ſets	
D	h.	m.
1	10 A	2
2	11	4
3	12	7
4	Morn.	
5	1	10
6	2	12
7	3	14
8	4	21
9	5	29
10	☽ riſes	
11	5 A	1
12	5	44
13	6	44
14	7	48
15	8	56
16	10	9
17	11	24
18	12	40
19	Morn.	
20	1	55
21	3	13
22	4	28
23	5	42
24	6	51
25	☽ ſets	
26	5	51
27	6	49
28	7	48
29	8	49
30	9	49

OBSERVATIONS.

perhaps may not rightly diſcover their Conſtitution: Let ſuch (if they know where to find one) have Recourſe to an experienced Phyſician, not merely mathematically taught, but well learned in the Rudiments of the antient Phyſicians; and be inſtructed by him in Things relating to their Conſtitution. You will find vaſt Diſcordancy in the Reaſoning of diverſe Phyſicians about the Qualities of Food much of the Nature of *Pacolet*'s Horſe. If any were to make a due Scrutiny, or rational Inquiry, concerning what is moſt homogeneal to the Intentions of Nature, or the complete Standard for Food, 'twill be found to be Bread, let the Inequality of the Temper of Bodies be what it will: Bread in Scripture is juſtly ſtyled the grand Epithet that compre hends all Things needful for Life: And, if our Maker had been pleaſed to have let us have no other Supply for Food, that alone would have been ſufficient to have continued on the ſeveral Motions of our animal Machine, till Age or Accident had fruſtrated it: This, in a great Meaſure, we may gather from the Longevity of the Patriarchs of old, and of Hermits, Monks, and others ſince, who gave themſelves to an abſtemious Way of Life, and made Bread the chief Part of their Food: And in our own Kingdom, whenever we find any one a Prodigy for Age, it always appears on Inquiry that Bread was his principal Fare: And it is ſomething wonderful to obſerve how many have lived in Priſons a long Time, healthy,

DECEMBER hath xxxi Days.

M D	♄ ♍	♃ ♌
1	5	18
8	6	℞
16	7	18
24	8	17

First Quarter the 2d Day, 42 m. p. 9 at night.
Full Moon the 10th Day, 14 m. past 2 afternoon.
Last Quarter 17th Day, 42 min. past 8 morn.
New Moon the 24th Day, 40 m. past 3 afternoon.

My Friends, accept what here I you present:
The Prose, or Verse, I hope, will give Content.

M D	W D	Remarkable Days, &c.	☉ ♐	☽ ♒ d.	m	Moon souths.		♂ ♉	♀ ♏	☿ ♐	Mut. Aspects and Weather.
1	f	Sun r. 8. sets 4.	10	24	20	5	19	℞	11	29	
2	G	Advent Sunday	11	6	♓ 10	6	1	20	12	♍	♋ ☍ 24, 24.
3	a		12	18	1	6	40	19	13	2	
4	b	Watches too	13	29	57	7	24	19	14	3	Cold Air.
5	c	slow 9 min.	14	12	♈ 1	8	8	19	16	4	
6	d	St. Nicholas.	15	24	30	8	54	19	17	5	
7	e	Sun's declinat.	16	7	♉ 13	9	43	19	18	6	☌ ♂ ♀ Some
8	f	22, 34.	17	20	11	10	35	18	19	7	Rain near this
9	G	☌ S. in Adv.	18	3	♊ 41	11	28	18	21	8	△ ☉ ♃
10	a	Broomham's	19	17	28	12	26	18	22	9	Time.
11	b	ancient Feast.	20	1	♋ 34	Morn.		18	23	10	
12	c		21	15	54	1	23	18	24	10	
13	d	Sun r. 8, 10m.	22	0	♌ 29	2	20	18	26	11	
14	e	sets 3, 50 m.	23	14	51	3	15	18	27	11	□ ♃ ♂
15	f		24	29	12	4	10	18	28	11	Stormy.
16	G	3 S. in Adv.	25	13	♍ 30	5	3	18	29	℞	
17	a	Days dec. 9 h	26	27	37	5	54	17	♐	11	♌ ☍ 23, 36.
18	b	8 min.	27	11	♎ 52	6	46	17	2	11	
19	c	Watches 1 m.	28	25	20	7	38	17	3	10	
20	d	too slow.	29	8	♏ 50	8	26	17	4	9	
21	e	Shortest Day.	30	22	9	9	16	D	6	8	
22	f		♍	5	♐ 15	10	8	17	7	7	
23	G	4 S. in Adv.	2	18	25	11	1	17	8	6	
24	a		3	1	♍ 12	11	51	17	9	5	
25	b	Christmas.	4	13	27	0	♑ 41	17	11	3	☌ ☉ ☿ Very
26	c	St. Stephen.	5	26	12	1	30	18	12	2	☌ ♄ ♀ cold,
27	d	St. John.	6	8	♒ 25	2	16	18	13	1	and Snow,
28	e	H. Innocents.	7	20	25	3	1	18	14	♐	cloudy, and a
29	f	The Earth is	8	2	♓ 21	3	43	18	16	28	☌ ☉ ♄ dull
30	G	1 S. aft. Christ.	9	4	11	4	25	18	17	27	△ ♃ ♀ Christ-
31	a	near the Sun.	10	26	1	5	6	18	18	27	mas at Br—m.

How abject now both Fields and Groves appear!
This Month Mankind their Hearts did uſe to chear,
In Hope at Chriſtmas Feaſting would commence:
But that declin'd and dy'd away long ſince.
Our Penury has raz'd our Feaſtings' Track;
Chriſtmas ſcarce found,—unleſs in Almanack.

M D	☽ ſets. h.	m.
1	10	50
2	11	51
3	12.	55
4	Morn.	
5	1	58
6	3	2
7	4	8
8	5	16
9	6	24
10	☽ riſes.	
11	5 A	24
12	6	30
13	7	45
14	9	2
15	10	18
16	11	33
17	12	45
18	Morn.	
19	2	0
20	3	17
21	4	27
22	5	34
23	6	34
24	☽ ſets.	
25	5 A	17
26	6	17
27	7	20
28	8	23
29	9	25
30	10	27
31	11	29

OBSERVATIONS.

healthy, fat, and chearful, with Bread and Water, who before had been accuſtomed to a ſumptuous Table. I would inſert Inſtances, if Room would give Leave. But, for a clearer Illuſtration of what I have been aſſerting, and to prove the Superiority of Bread above all other Food for Nouriſhment, as it has been diſcovered and determined by a very learned Virtuoſo and Phyſician, as far as Art could analyſe it, and may be read in the Memoirs of the Royal Academy for 1730, obſerve the Proportions of Nouriſhment by the Variation of the Numbers following:

Beef	7	Chicken	12	Calves Feet	10
Veal	9	Pigeon	8	Carp	8
Mutton	11	Pheaſant	10	Whey	9
Lamb	9	Partridge	12	Bread	33

I have thought proper to pen down this Table for the ſake of ſome of my Readers, who perhaps never had Opportunity to ſee or hear of theſe Experiments on Food, and the various Degrees of Nutriment from the above-named Kinds of Food. Here you may obſerve, that the Chyle derived from Bread affords almoſt five times the Nouriſhment of that which Beef doth produce, and near three times as much as the primeſt of any other animal Food. But I ſhut up all at preſent with *Jacob*'s Wiſh, That the Almighty would never debar any of us from this neceſſary Bleſſing! and, with ſmall Variation, I end all with a Line or two of an eminent Poet:

'This Day be Bread and Peace my Lot:
'All elſe beneath the Sun
'God knows if well beſtow'd or not;
'So let his Will be done.'

For the Sake of ſome Countrymen that ſtand in Need of knowing the Moon's Place in the twelve Signs, and don't underſtand the Characters of the Signs in the monthly Pages, I have inſerted this Table: But for ſtarry Infidels this is uſeleſs.

D.	*Jan.*	D.	*Feb.*	D.	*March*	D.	*April.*	D.	*May.*	D.	*June.*
1	Thighs	1	Knees	2	Legs	1	Feet	2	Neck	1	Arms
2	Hams	2	Legs	4	Feet	2	Toes	4	Throat	2	Hands
4	Knees	4	Feet	6	Head	4	Head	6	Arms	4	Breaſt
6	Legs	6	Toes	8	Face	6	Neck	8	Breaſt	6	Heart
8	Feet	8	Head	10	Neck	8	Arms	10	Heart	8	Bowels
10	Toes	10	Neck	12	Arms	10	Breaſt	12	Bowels	10	Reins
12	Head	12	Arms	14	Breaſt	12	Heart	14	Reins	12	Secrets
14	Neck	14	Breaſt	16	Heart	14	owels	16	Secrets	14	Thighs
16	Arms	16	Heart	18	Bowels	16	Back	18	Thighs	16	Knees
18	Breaſt	18	Bowels	20	Reins	18	Secrets	20	Knees	18	Ditto
20	Heart	20	Back	22	Secrets	20	Memb.	22	Legs	20	Legs
22	Bowels	22	Secrets	24	Thighs	22	Thighs	24	Ancles	22	Feet
24	Reins	24	Thighs	26	Knees	24	Knees	26	Feet	24	Head
26	Secrets	26	Ditto	28	Ditto	26	Legs	28	Head	26	Neck
28	Thighs	28	Knees	30	Legs	28	Feet	30	Neck	28	Arms
30	Hams					30	Head			30	Breaſt

D.	*July.*	D.	*Auguſt.*	D.	*Sept.*	D.	*Octob.*	D.	*Nov.*	D	*Dec.*
1	Breaſt	1	Bowels	1	Secrets	1	Thighs	2	Legs	2	Feet
2	Heart	3	Reins	4	Thighs	3	Knees	5	Feet	4	Head
4	Bowels	5	Secrets	6	Knees	6	Legs	7	Head	7	Neck
7	Reins	7	Thighs	8	Legs	8	Feet	10	Neck	9	Arms
9	Secrets	10	Knees	10	Feet	11	Head	12	Arms	11	Breaſt
11	Thighs	12	Legs	13	Head	13	Neck	14	Breaſt	13	Heart
14	Knees	15	Feet	15	Neck	16	Arms	16	Heart	16	Bowels
16	Legs	17	Head	17	Arms	18	Breaſt	18	Bowels	18	Reins
19	Feet	20	Neck	20	Breaſt	20	Heart	20	Reins	20	Secrets
21	Head	22	Arms	22	Heart	22	Bowels	23	Secrets	22	Thighs
23	Neck	24	Breaſt	24	Bowels	24	Reins	25	Thighs	24	Knees
26	Arms	26	Heart	26	Reins	26	Secrets	27	Knees	27	Legs
28	Breaſt	28	Bowels	28	Secrets	28	Thighs	29	Legs	29	Feet
30	Heart	30	Reins			31	Knees				

Judicium Aſtrologicum pro Anno 1753.

And Firſt Judgment on the WINTER QUARTER;

WHICH commenceth on the 21ſt of *December*, 1752, 8 H. 40 Min. 31 Sec. in the Morning,—the apparent Time, from as juſt Tables as any in Being.

I here follow the Mode of our modern Aſtrologers, in beginning my Obſervations on the Brumal or Winter Quarter firſt; though I take it to be ſomewhat irregular to begin with that Quarter which is the juſt Emblem of Old-Age and Death. 'Tis true, *Partridge*, *Colly*, and ſome others did ſo: But *Lilly*, *Booker*, *Culpeper*, and *Gadbury* made Choice of the Vernal Equinox to introduce their Predictions from; which is much the more juſt and pertinent Time, as it is unanimouſly allowed by the moſt learned Aſtronomers to be the Time the World took its Birth. But *Quot Homines, tot Sententiæ*. Many have diſputed it: But, as my Room is ſo ſcanty, I ſhall not now waſte Paper to decide Controverſies, but proceed to contemplate, and make ſome mental Inſpections on the Harmony or Diſcord which are to be found in the Worlds above us, that I may glean ſome Foreſight of what will probably befal this our paſſive Earth. Reader, be pleaſed to take Notice, that, at the Initiation of this Quarter, the Planets and fix'd Conſtellations will be found as followeth, 6 Degrees of ♍ aſcending, and 12 Degrees of ♏ culminating:

			D.	M.	Houſe.
The	☉	in ♍	0	0	12
	☽	♋	4	28	7
	♄	♐	27	24	12
	♃	♋	12	17	6
	♂	♏	29	29	11
	♀	♒	1	10	Aſc.
	☿	♍	19	16	Aſc.
	☊	♏	12	13	10

Here, you ſee, I have given you a Map or Mirrour how the celeſtial Bodies will be ſituated at the Brumal Ingreſs; and from thence a great Number of Judicials might be deduced, and much Truth collected and foreſhewn in general Accidents: But in this Age of Scepticiſm and Infidelity the Doctrine of Influences is eſteemed but as an inſipid Tale: For, if Men have almoſt forgot the Maker of the Stars, and are grown ſo very regardleſs of the Operations of Nature and the Effects of Things viſible, 'tis in vain to expect they will attend to, obſerve, and credit the myſtic Power of the heavenly Orbs. Should I predict when any Horſe-Race or Cock-Fighting were to be, or Feaſt or fine Woman to be met with, I ſhould have many Readers very attentive to the Predictions. But waving this, and to my Subject in hand, correſpondent to the Experiences of the greateſt Proficients in the aſtreal Science: The firſt Thing I obſerve, by a mental Scheme of the Heavens, is, that ♄ Lord of the Aſcend. is afflicted by the ☉ Lord of the 8th Houſe, in the 12th: This indicates much Death, Mortality, Poverty, and Affliction to the common People, much Perplexity, private Hatred, and Impriſonment: Neither will ſome Great Ones eſcape Scot-free. Sickneſs will ride triumphant, as ☿ Lord of the 6th Houſe ſhews, being in ☌ to ♃ and the ☽, and in the 6th Houſe. Phyſicians, prepare; here's Work cutting out; watery Humours in the Blood, Dropſies, Scurvy, and many Surfeits, the Small-Pox, and great Corruption of the Fluids, may be expected: Theſe and ſuch-like are likely to prove Harbingers for Death this Quarter, who will bring a *Habeas Corpus* with him to remove a great many, whether willing or not, to the Shades below. ♃ Lord of the 12th, and a great Part of the 2d Houſe beſides, in ☍ to ☿: This, according to the Obſervations of the Learned in this Art, indicates that Merchants ſhall ſuffer many Loſſes, and much Sickneſs; that a great Number of ingenious Perſons, and Men of Capacity and Genius, eſpecially thoſe who make much Uſe of the Pen, ſhall have many bodily Infirmities and private Enemies, with Diſreſpect and Poverty, and that many an *Epicurean* Paraſitical Hypocrite ſhall vaunt it over them: Which is a modern epidemical Grievance of this Age. Poverty is now become the Muſes' Patrimony. Virtuoſo's, deſtitute of a liberal Fortune, are treated juſt as Nightingales

are,

are, liſtened to and applauded by many; but few, or none, give them any thing to ſupport Life with. There are few *Auguſtus's* or *Mæcenas's* now-a-days. Like the Phœnix, one muſt ſerve for Ages. Mercurialiſts live moſtly, like *Mercury* their Preſident, in Penury, or on ſhort Commons; when they do not, 'tis ſomething prodigious.

No more we can a *Wiltſhire* Wonder boaſt
A ſecond Time — Great *Caroline* is loſt!

The SPRING QUARTER

TAKES its Beginning for 1753 on the 19th of *March*, 22 H. 31 Min. 15 Sec. equal Time; or, more vulgarly, on the 20th of *March*, 23 Min. paſt 10 in the Morning, as to the preciſe Time of appearing. I am apt to gueſs, ſome vulgar Readers will be at a ſmall Loſs at firſt in forming a right Idea how the Spring Quarter, which for ſeveral Centuries paſt always began the 9th or 10th of *March*, ſhould be kept back to the 20th. Why, be it known to ſuch and others, our Globe has not been retarded in its Motions, or any Part of our Syſtem gained any new Modification: The Sun, Earth, or Planets never deviate from that Law, or divine Impreſs, the Author of them emplanted on them at firſt when created; (ſave in the Caſe of *Joſhua's* Battle). This is what I need not much inculcate to the Learned, but ſhall cloſe this Sentence with the following poetical Remark, by me newly revived, with ſome Variation:

Nature's rare Clock-work, by the Almighty One
Wound up at firſt, ſo ever ſince has gone:
No Pin amiſs, its Springs and Wheels the ſame:
Each Part proclaims the Workman's mighty Fame.

This Digreſſion may ſeem frivolous to ſome; nor had it been wrote, but to ſuppreſs ſome romantic Notions I frequently heard laſt Year from ſome of the Vulgar, occaſioned from the Stile's being altered. *Milton*, in his *Paradiſe Loſt*, has been

of Opinion, that *Adam*'s Sinning occaſioned the Almighty to order ſome Angel to throw the Earth aſkance twenty Degrees and more; which are the twenty-three Degrees, I conceive, which we term the Obliquity of the Ecliptic: Which, if it had not been done, as *Milton* obſerves, we ſhould have had a Perpetuity of Spring, with all its gay Attendants; nor ſhould we ever have felt any Extremes of Heat and Cold; and Day and Night would have been equally proportioned, and thoſe under the Polar Circle would have had no Night at all. But I conceive, as every Man elſe ought to do that has any adequate Idea of the Divine Being, or rational Reflexion on the Works of the Creation, That if the Infinite Wiſdom and Goodneſs ſhould have appointed the annual Revolution of the Earth round the Sun, or his diurnal Rotation, or the Paralleliſm of the Earth's Axis—I ſay, if either of theſe Motions or Situations had varied from what we now find it, we ſhould have been in infinitely worſe Circumſtances than what we now are, and that in an inconceivable Number of Particulars, as I could eaſily exhibit and account for, were it not different from my intended firſt Purpoſe. But what occurs to be conſidered concerning Aſtrology, at the Time the Sun enters ♈, is as followeth: Here is a large Plan for Judgment, which is very ominous and of various Indications; but, what I ſhall take Cognizance of firſt, is a very uncommon Phænomenon: The ☉ and ☿ enter ♈ within two Hours of one another. It muſt have ſomething very eminent in its Signification. I ſhould not chuſe to have a Son born that Day, about twenty Minutes after Five in the Afternoon; for I ſhould dread his Exit would be the ſame as the late *Jonathan Wild*'s; or, if he ſhould prove a Soldier, he would ſtand a bad Chance of being ſhot by a Council of War. *Gauricus*, in his *Tractatus Aſtrologiæ*, obſerves two born under this Poſition, or very near the ſame: one was *Conſtantine*, a Monk, who dreſt himſelf in a Gold Chain, and deſigned to debauch a great Woman, and was at that Time murdered near St. *Mark*'s Church: The other was *Luchenſis*, the Prince of Thieves, who was hanged in a gilded Halter, at thirty-ſeven Years of Age. I have one or two Nativities, lately obſerved by me, which concurred exactly with thoſe above-related; where the ☉, ♄, and ☿ were in the

the ſame male Aſpects, and all of them met with the above *Luchenſis*'s Fate; only their Halters were not ſo grand. The Generality of the Aſpects at this Spring's Revolution are to be remarked on as miſchievous, and of a very malignant Nature, and will greatly influence that Kind of People, in whom the Seeds of Erudition were never ſown, or, if ſown, took no Root in them: From ſuch we may expect to hear Abundance of wicked ingenious Contrivances, and ſubtil unheard-of Methods of Villany: It looks, as if ſome infernal Emiſſary was ſent up with ſome helliſh Inſpiration to ſome of their Journeymen; it alſo points out falſe Coinage, with ſeveral Things of that Nature, all heinous and bad, unleſs for Mr. *Ketch*, who will ſcarce turn Bankrupt this Year for Want of Buſineſs. At this Ingreſs, the ☽, Lady of the Aſcend. is juſt out of the Orbs of an ☌ to the ☉, and □ to ♃: This is an ill-favoured Aſpect.

The SUMMER QUARTER

BEginneth for 1753 on the 21ſt of *June*, 9 H. 20 Min. in the Morn. as the apparent Time in Lat. *London* 51 D. 32 Min. This Quarter is the Simile of Manhood, the Mother of Plenty, and Daughter of Bounty. Here, you ſee, as in the Spring, this Quarter is leaped eleven Days toward the Time we vulgarly term *Midſummer*, by the Alteration made in our Stile; which I hope all my Readers will conſent and be reconciled to: For I aſſure you, the very Day St. *John* Baptiſt was born, ſix ſolar Months before our Saviour, that Year the ☉ entered ♋ the 24th of *June*, at 15 Min. after 3 in the Morn. So that, tho' we are eleven Days moved forward, we are ſtill two Days and upwards of an Half behind the exact Time. But I decline this Subject at preſent, to proceed in my Inſpection how Things are tranſacted among the ſtarry Hierarchy at the Initiation of this Quarter, and whether the Countenance of Heaven is grown more friendly than at the Spring Ingreſs. I obſerve, if a Figure was erected, that 2 Deg. 5 Min. of ♏ aſcend, and 22 Deg. 40 Min. of ♉ occupy the *Medium Cæli*; and ♄, that ſquared the ☉ and

☿ at the Spring Quarter, oppoſeth them both now: So the Times are like to mend now, juſt as a knaviſh Tinker mends Pots—ſtops one Hole, and makes two. I ſhall not touch on Judgment now of general Accidents, but fix my Enquiries after what Diſeaſes will be moſt frequent this Quarter. I find now ♄ Lord of the Houſe of Sickneſs, and ♀ Lord of the Aſcend. in ☌ to ♄: Hence we may expect the Gout common amongſt the Rich, and Agues with the Poor, with many Pains in the Head. ♆ afflicting ♄ from ♋, preſages Dropſies, watery Stomachs, bad Appetites, Small-Pox, *&c.* I expect from ſome Epicure or other to be applauded for inſerting this, juſt as St. *Paul* was when he preached to the *Epicurean* Sect. I would fain know of our modern Contemners of the heavenly Powers, that, when a Town, Country, or Kingdom, is viſited with ſome epidemic Diſeaſe, (as, all know, often happens) from whence does it proceed, but from ſecondary Cauſes under the prime Cauſe? The Supreme Being, 'tis true, can act immediately, or without a Cauſe, but he rarely doth on ſublunary Matter, but by a natural Gradation or Chain of Cauſes, which are begun by the Effects of the Planets on our Atmoſphere, in altering the Conſtitution of the Air. Let him, that wants a greater Information in this Point, peruſe what the learned Sir *Robert Boyle* has atteſted on Influences; and he was no Aſtrologer neither, but as eminent a Philoſopher as any in his Time; neither did his Genius fail him in penetrating into the Laws of Nature, and the Qualities of the animal Fabric. But, amongſt all, none has ſhewn us the genuine Cauſes in ſo juſt a Light, what Influences the two Luminaries, and the other five, as he allows, have in affecting the Air, ſo as to produce violent or occult Diſeaſes, as the ingenious Dr. *Mead*. I gave you a Sketch of it in 1750, from the Collection of Facts that he obſerved. Many more Inferences for Improvement may be learned of the Magnitude and Malignity of a Diſeaſe, from knowing the ſick Perſon's Nativity and Time of being taken ill; as I could evidently make appear in numerous Inſtances of Fact; many of which ſhall be inſerted in my Speculum for 1754, if I live to write: Neither is any other Prognoſtic of a Diſeaſe and its Events to be depended on for Truth in the common Indications, like what

what is to be learned from the before-cited Particulars by ſedulous and circumſpect Obſervations; as I ſhall fully demonſtrate from Caſes communicated to me from others, and from twenty Years Obſervations of my own, touching ſick People. *Nulla Fides adhibenda Medico, niſi utatur Aſtrologia.* As to the various Cauſes of Diſeaſes,

He that finds not the Procatarctic,
His Judgment will be found imperfect.

The HARVEST or AUTUMN QUARTER

BEGINS on the 22d of *September*, 10 H. 54 Min. 20 Sec. *poſt Merid.* 1753. The Time above ſpecified is the exact Time the Earth, by her annual Rotation about the Sun, toucheth the firſt Scruple of that Equinoctial Sign *Aries*, having brought herſelf to a right Angle with the Sun in Reſpect of the Poles of the Equator: By which we always find equal Day and Night throughout the World, ſave under the Poles. At the Juncture of Time this Quarter commenceth, 14 Deg. 11 Min. of ♋ aſcend the Horizon, and 12 Deg. 5 Min. ♓ are on the Mid-Heaven. Thoſe that know how to judge of a Figure may erect one; but to moſt of my Readers it would be found uſeleſs. I ſhall not now launch out in my Judicials as formerly: But I ought not to overlook ♄'s male Aſpect to the ☉, by his □, as the Quarter enters; and at each one of the Quarters he ſhews a Face of Enmity to the ☉, which, according to Art, ſhews much Variance, private Envy, and Hatred and Miſchief to Men in Authority, and amongſt ſuch alſo; much cold Rain near the Beginning of the Quarter, tho' not quite ſo bad as near the End of *March*, which, I expect, will prove hurtful. But, whilſt I am treating on the Weather, I can't well omit taking ſome ſmall Notice what ſome ſceptical Pretender to the aſtreal Science publiſhed laſt Year in his annual Treatiſe; where he ignorantly beſpattered all Predicters of the Weather with all the ſplenetic Reproaches his idle Malice could ſuggeſt to him——ſplenetic, I ſay; for I can't take it to be any other than an Effect of an Overflow of that

that Humour; for it could not proceed from any juſt Reaſon, or real Knowledge that he has of that Art, which he has ſo raſhly condemned: Neither, as I have often obſerved, has one in five hundred, that have levelled their Arrows at Aſtrology, ever rightly underſtood what they ſhot at. In his peſtilent Oration he has robbed all the heavenly Hoſt of their known Energy, and denied them to be Inſtruments of the moſt high God for the Adminiſtration of Nature; he has ſet-by and oppoſed the Scripture, and branded an Art, which, from the beſt Account we can learn, took its Pedigree from Heaven, has been ſupported in all Ages by the greateſt and wiſeſt of Men (even by *Solomon*), and had in Eſteem by a great Number of the Fathers, School-men, and Divines, Phyſicians, and Poets. Beſides, what can he pretend to alledge againſt *Beroſus*, *Hermes Treſmogiſtus*, (whom I ſhould have named firſt) *Thales*, *Ptolomæus*, *Albumaſar*, *Leovitius*, *Organus*, *Cardan*, *Bonatus*, *Ticho Brahe*, Sir *Chriſtopher Heydon*, *Lilly*, and the late Mr. *Parker?* Theſe were famous in the aforeſaid Art, tho' not the one hundredth Part I could quote. St. *Cyprian*, *Thomas Aquinas*, *Albertus Magnus*, St. *Gregory*, *Melancthon*, and *Calvin* (who called Aſtrology the Alphabet of Divinity) —Theſe were School-men and Preachers, who allowed the Efficacy of the Stars; with Numbers more, which Room will not allow me to name. And for Phyſicians, there is the great *Hippocrates*, *Galen*, *Avicena*, *Fernetius*, *Matthiolus*, *Culpeper*, *Saunders*, and the preſent ingenious Dr. *Mead*, with an Army more that I might cite, who obſerved and recommended the Doctrine of the Stars: The ſame did *Virgil*, *Ovid*, *Juvenal*, *Du Bartas*, *Spenſer*, *Milton*, *Rapin*, and near all the Poets of known Eminency, with ſundry other Men of different Profeſſions. And muſt we deem all theſe to be Impoſtors and Ignoramus's, and allow the before-mentioned Author to ſet himſelf up for the only *Sapientum Octavus*, in Oppoſition to all theſe Men of Learning? But a Word or two to his Impeachment, which is ſo inſolent and idle, its ſcarce worth while to anſwer it, were it not requeſted of me by a Brother Writer. Writers on the Weather he has termed Adepts in Deluſion. Some there are, I allow, who (to the Scandal of others' Predictions on that Thing) by their Ignorance, or Idleneſs,

neſs, or for Want of a due Application to the Principles of the Art, do pen down Weather abſurd and foreign to the Rules of Judicials on that Subject, and ſo open a Door to the Obloquy of ſuch as carp at thoſe Men they can't imitate: He alſo baniſheth all Belief in foretelling the Weather, notwithſtanding the numerous Inſtances of Experiences to the contrary. Let him deny, if he can, what Mr. *Goad* obſerved, of its raining five hundred Times within the *Triduum* of the Full and Change of the Moon, and miſſing but four Times; and Mr. *Gadbury*'s Remarks of ☿'s coming to a certain Point of the Zadiack, and its raining twenty Times out of twenty-one. Numerous more Proofs I could name to the ſame Purpoſe. Or, can his Perverſeneſs ſupport him to oppugn what thouſands will atteſt; that is, what Mr. *Sharp* * predicted this Year on the Weather, where he named what Weather would be forty-two Times, and it had miſſed but one at this Time (*July* 25) of my writing? Suppoſe Mr. *Sharp*, myſelf, or Mr. *Wing*, predict the Weather but eleven Times right out of twenty; yet ſtill we ſhould have the Advantage of Truth on our Side. But I ſtill confeſs, that Judgment on the Weather is a very abſtruſe Point: Such a Variety of Impediments may metamorphoſe the State of the Air, eſpecially in our Iſland, that no man can name, neither would any Man of Reaſon preſume to demand, every Time it rains, on what Spot of Ground the Rain will fall; as the above-meant Ceviller has very abſurdly done. Doth that render the Art of foretelling the Weather ever the more invalid, becauſe the Place is not exactly named where every Cloud will drop? If a Man predicts Thunder, muſt he name how many Claps there will be? The aforeſaid Author ſaith, the Stars are without Life, ſo that they can act no more than a Picture. What is that to his ſilly Inference? All Men allow them to be lifeleſs; yet Men know they attract one another: The Sun alſo is inanimate, and yet he animates the whole Creation: The Herbs are inanimate, yet the ſmalleſt have ſome Virtue emplanted in them: And ſhall we aſcribe more to an Herb, than to thoſe vaſt illuminated Globes that roll round us? He ſeems, in the Cloſe of his empty Bravadoing, to bleſs himſelf that he was out of the Dread of the male

* In his Book of the Weather.

Influence

Influenre of ♄ or ♂: Yet I greatly fear, and have Reaſon to believe, he was not free from the Influence of *Sirius* the Dog-Star, laſt Year, when he barked ſo furiouſly againſt all thoſe that predicted the Weather. Reader, underſtand, I would not defend all that Maſs of illicit Aſtrology the Heathens maintained, nor the ſuperſtitious Dependence the *Romans* had on the Stars; but ſuch as is conſiſtent with the Scripture, and confirmed by long Obſervations of the Learned in the aforeſaid Art. Thus, Reader, I aſk thy Pardon for my long Digreſſion, and ſhall conclude with this poetical Remark:

If there be Wretches who will dare diſown
That God, whoſe Works him viſible have ſhown,
What Wonder if there Apes of *Picus* be,
Aſcribe God's Inſtruments no Energy?
As in the Church, ſo 'tis 'mongſt Sects of Men,
One Brother falſe more Miſchief doth than ten.

Of the ECLIPSES *for* 1753.

ACcording to aſtronomical Computation, the two great Lights of Heaven to ſome Part of our Earth will be eclipſed four Times this Year; twice the Sun, and as many the Moon; as it naturally muſt be, when it is but four.

The firſt is, as followeth, of the Moon:

			D.	H.	M.	S.	
The apparent Time of the	Beginning,	*April*	17	5	37	54	In the Evening.
	Eclipſe	—	17	6	22	28	
	Middle	—	17	6	29	28	
	Ending	—	17	7	21	48	
Duration	——	——		1	43	28	
Digits eclipſed	——			5	4	26	

Note, The Moon riſeth a little after the Middle of the Eclipſe, and will be eclipſed on the upper Side toward the right Hand, and the Eclipſe will be over in leſs than Half an Hour after it is riſen.

The

The ſecond Eclipſe is of the Sun, on the third of *May*, at thirty-ſeven Minutes paſt ſeven in the Morning, but not ſeen here.

The third is of the Moon, on the twelfth of *October*, at thirty-ſix Minutes paſt nine in the Morning, inviſible.

The fourth is of the Sun, viſible, on the twenty-ſixth of *October*, within one Minute of ten in the Morning at the Middle, and ſeven Parts and more dark on the lower Side; but Time will not permit an exact Calculation: So theſe three laſt are from *Leadbetter*.

Beſides theſe Eclipſes, the Planet *Mercury* will be found to eclipſe the Sun by a retrograde Motion; he will enter on the right Hand of the Sun's Diſk, on the ſixth of *May*, before the Sun riſeth, and be off the Body of the Sun between nine and ten that Morning. The Uncommonneſs of the Phænomenon will invite the Curious to view it, who may behold it with a Spectacle-Glaſs held before a Board or Paper, if the Air be clear. This laſt I had from my Friend Mr. *Silk*, of *Leiceſter*, an eminent Aſtronomer. I wiſh I had Room to remark on it; but, as I have not, ſo I end with my ſincere Prayers for King *George* and all the Royal Family, and for ſeveral Honourable Perſons who are my very good Friends.

Laſt Year's ERRATA *corrected.*

IN Page the fourth, Line the fifth, for *Farmer Smithſon*, read *Smith's Son*. In the ſame Page, ninth Line of the Ænigma, *News* ſhould have been *Nerves*. In the *Sundays*, *Jan.* 26, 3 *S. af. Epiph.* ſhould have been *Septuageſima Sunday*; whether mine or the Printer's Fault, I can't ſay. In *April* Weather, for *Rain for two or three Days*, read *Rain the ſecond or third Day*. *May* 11, read Sun ſets 51 inſtead of 59 Min. In the twenty-ſecond Line of the Obſervations in

June,

June, *who* is left out. In *July*, left-hand Verſe, *aroſe* for *riſe* Theſe are all the Errors that are worth noting.

Of Errors there was found but a ſmall Crop,
So diſappointed Critics of their Hope.

F I N I S.

Let this inform all thoſe who read this Treatiſe,

THAT the Author of this Writing, *H. S.* Licenſed Phyſician and Surgeon, doth ſtill continue to prepare his well-known Chymical Dentrific Tincture for the Teeth; which has been approved of and experienced above twenty Years for curing the Scurvy in the Gums, and cleanſing and preſerving the Teeth in their natural Beauty and Firmneſs in many to old Age, as numerous Perſons that have uſed it can and will teſtify: Nothing has ever yet excelled it for the before-mentioned Intentions.

May this further inform the Public,

That the above-named has, for near twenty Years, indefatigably applied himſelf to the Study and Practice touching the Cure of that Diſeaſe called the Rickets: Having the greateſt and beſt Collection of Authors' Works on that Diſeaſe of any in theſe Parts; which he has, for a long Series of Time, laborioufly examined and digeſted, and, for ſome Years, put into Practice; but with what Succeſs, he appeals to thoſe who have made Trial of his Medicines.

He undertakes the Cure of Wens and ſcirrhous Tumours without Cutting; and has cured more than any one in *Wilts* ever did: He cured ſeveral laſt Year, as hundreds will witneſs.

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